

Tennessee > Performance Indicators Teacher and Checks for Understanding > Science (2008)				
Lesson	Title	State ID	Grade Descr	State Text
Tennessee > Performance Indicators Teacher and Checks for Understanding > Mathematics (2001)				
Lesson	Title	State ID	Grade Descr	State Text
15	Keeping the Balance	4.1.tpi.1	Fourth Grade	explain the relationship between of addition and subtraction;
15	Keeping the Balance	4.1.tpi.2	Fourth Grade	explain the relationship between multiplication and addition;
15	Keeping the Balance	4.1.tpi.9	Fourth Grade	communicate the effects of addition, subtraction, multiplication, and division;
17	Hunting for Hidden Fat	4.5.tpi.2	Fourth Grade	construct bar graphs and line graphs from data in a table;
21	Freeze My TV	4.5.tpi.2	Fourth Grade	construct bar graphs and line graphs from data in a table;
21	Freeze My TV	5.5.tpi.8	Fifth Grade	examine various representations of data and evaluate how accurately the data is depicted by the graph.
24	Breakfast Bonanza	4.5.tpi.2	Fourth Grade	construct bar graphs and line graphs from data in a table;
27	Freeze My TV	4.5.tpi.2	Fourth Grade	construct bar graphs and line graphs from data in a table;
27	Freeze My TV	4.5.tpi.3	Fourth Grade	evaluate how well various representations show the collected data.
27	Freeze My TV	5.5.tpi.2		organize and display data;

			Fifth Grade	
27	Freeze My TV	5.5.tpi.4	Fifth Grade	represent data using tables;
27	Freeze My TV	5.5.tpi.8	Fifth Grade	examine various representations of data and evaluate how accurately the data is depicted by the graph.
27	Freeze My TV	5.5.tpi.9	Fifth Grade	understand how data collection methods affect the nature of the data set;
28	Get 3 At School and 5+ A Day	5.5.tpi.2	Fifth Grade	organize and display data;
4	Balancing Act	4.5.tpi.2	Fourth Grade	construct bar graphs and line graphs from data in a table;
4	Balancing Act	5.5.tpi.4	Fifth Grade	represent data using tables;
4	Balancing Act	5.5.tpi.8	Fifth Grade	examine various representations of data and evaluate how accurately the data is depicted by the graph.
5	Fast-Food Frenzy	4.4.tpi.4	Fourth Grade	communicate an understanding of the relationships among the units within a system of linear measurement.
5	Fast-Food Frenzy	5.1.tpi.11	Fifth Grade	solve real-world problems using fractions, decimals, and percents.
5	Fast-Food Frenzy	5.4.tpi.3	Fifth Grade	demonstrate understanding of equivalent measures within the same system of measurements;
6	Snack Attack	5.5.tpi.8	Fifth Grade	examine various representations of data and evaluate how accurately the data is depicted by the graph.
Tennessee > Performance Indicators Teacher and Checks for Understanding > Science (2003)				
Lesson	Title	State ID		State Text

			Grade Descr	
27	Freeze My TV	4.8.tpi.2	Fourth Grade	use tools for measuring and collecting atmospheric data.
Tennessee > Performance Indicators Teacher and Checks for Understanding > Mathematics (2008)				
Lesson	Title	State ID	Grade Descr	State Text
Tennessee > Performance Indicators Teacher and Checks for Understanding > English/Language Arts (2008)				
Lesson	Title	State ID	Grade Descr	State Text
Tennessee > Performance Indicators State > Comprehensive Health (2002)				
Lesson	Title	State ID	Grade Descr	State Text
1	Healthy Living		Grades: 3-5	demonstrate an understanding of proportionality in food choices;
1	Healthy Living		Grades: 3-5	demonstrate awareness of family, multicultural, and media influences on food choices.
10	Chain Five		Grades: 3-5	analyze food labels in order to determine nutritional content;
16	The Safe Workout: A Review		Grades: 3-5	identify the effects of physical exercise on muscular growth and development;

17	Hunting for Hidden Fat		Grades: 3-5	analyze food labels in order to determine nutritional content;
3	The Safe Workout: An Introduction		Grades: 3-5	identify the effects of physical exercise on muscular growth and development;
5	Fast-Food Frenzy		Grades: 3-5	explain the connection of junk food and calorie intake to poor nutrition and obesity;
5	Fast-Food Frenzy		Grades: 3-5	analyze food labels in order to determine nutritional content;
7	Sugar Water: Think About Your Drink		Grades: 3-5	analyze food labels in order to determine nutritional content;
9	Prime-Time Smartness		Grades: 3-5	explain how individual decisions related to health behaviors and services are often connected to media, technology, and/or cultural influences and beliefs.
Tennessee > Performance Indicators State > Social Studies (2002)				
Lesson	Title	State ID	Grade Descr	State Text
Tennessee > Performance Indicators State > English/Language Arts (2001)				
Lesson	Title	State ID	Grade Descr	State Text
17	Hunting for Hidden Fat	4.1.spi.14	Fourth Grade	interpret information using a chart, map, or timeline.
19	Snack Decisions	5.1.spi.11	Fifth Grade	select stated or implied main idea and supporting details from text.
21	Freeze My TV	4.1.spi.14		interpret information using a chart, map, or timeline.

			Fourth Grade	
24	Breakfast Bonanza	5.1.spi.11	Fifth Grade	select stated or implied main idea and supporting details from text.
27	Freeze My TV	4.1.spi.14	Fourth Grade	interpret information using a chart, map, or timeline.
4	Balancing Act	4.1.spi.8	Fourth Grade	use headings, graphics, and captions to make meaning from texts.
4	Balancing Act	4.1.spi.15	Fourth Grade	use available text features (e.g., graphics, glossaries, and illustrations) to make meaning from text.
4	Balancing Act	5.1.spi.4	Fifth Grade	select and use common text features to make meaning from text (e.g., headings, key words, graphics, captions, side bars).
4	Balancing Act	5.1.spi.16	Fifth Grade	locate information using available text features (e.g. maps, charts, graphics, indexes, glossaries, and tables of content).
6	Snack Attack	4.1.spi.14	Fourth Grade	interpret information using a chart, map, or timeline.
8	The Safe Workout: Snacking's Just Fine, If you Choose the Right Kind	4.1.spi.14	Fourth Grade	interpret information using a chart, map, or timeline.
Tennessee > Performance Indicators State > Computer Technology (2005)				
Lesson	Title	State ID	Grade Descr	State Text
Tennessee > Performance Indicators State > Mathematics (2008)				
Lesson	Title	State ID		State Text

			Grade Descr	
27	Freeze My TV	SPI 0406.5.1	Grade 4	Depict data using various representations (e.g., tables, pictographs, line graphs, bar graphs).
27	Freeze My TV	SPI 0506.5.2	Grade 5	Make predictions based on various data representations, including double bar and line graphs.
Tennessee > Performance Indicators State > English/Language Arts (2008)				
Lesson	Title	State ID	Grade Descr	State Text
Tennessee > Performance Indicators State > Science (2003)				
Lesson	Title	State ID	Grade Descr	State Text
Tennessee > Performance Indicators State > Science (2008)				
Lesson	Title	State ID	Grade Descr	State Text
Tennessee > Performance Indicators State > Mathematics (2001)				
Lesson	Title	State ID	Grade Descr	State Text
17	Hunting for Hidden Fat	4.5.spi.1		interpret data displayed in bar graphs and pictographs.

			Fourth Grade	
17	Hunting for Hidden Fat	4.5.spi.2	Fourth Grade	connect data in tables to pictographs, line graphs, or bar graphs;
17	Hunting for Hidden Fat	5.5.spi.1	Fifth Grade	represent data using bar graphs and pictographs;
21	Freeze My TV	4.5.spi.1	Fourth Grade	interpret data displayed in bar graphs and pictographs.
21	Freeze My TV	4.5.spi.2	Fourth Grade	connect data in tables to pictographs, line graphs, or bar graphs;
21	Freeze My TV	5.5.spi.1	Fifth Grade	represent data using bar graphs and pictographs;
24	Breakfast Bonanza	4.5.spi.2	Fourth Grade	connect data in tables to pictographs, line graphs, or bar graphs;
27	Freeze My TV	4.5.spi.1	Fourth Grade	interpret data displayed in bar graphs and pictographs.
27	Freeze My TV	4.5.spi.2	Fourth Grade	connect data in tables to pictographs, line graphs, or bar graphs;
27	Freeze My TV	5.5.spi.1	Fifth Grade	represent data using bar graphs and pictographs;
27	Freeze My TV	5.5.spi.2	Fifth Grade	interpret data displayed in bar graphs and pictographs.
4	Balancing Act	4.5.spi.2	Fourth Grade	connect data in tables to pictographs, line graphs, or bar graphs;
Tennessee > Curriculum Standards > Social Studies (2001)				
Lesson	Title	State ID		State Text

			Grade Descr	
Tennessee > Curriculum Standards > Science (2008)				
Lesson	Title	State ID	Grade Descr	State Text
Tennessee > Curriculum Standards > Comprehensive Health (2002)				
Lesson	Title	State ID	Grade Descr	State Text
1	Healthy Living	1.2	Grades: 3-5	describe physical/mental/social health implications of personal hygiene;
1	Healthy Living	4.1	Grades: 3-5	use the Food Pyramid as a guide for choosing a variety of foods necessary for good health;
1	Healthy Living	15.3	Grades: 3-5	explain how personal choices relate to health and wellness consequences.
10	Chain Five	4.1	Grades: 3-5	use the Food Pyramid as a guide for choosing a variety of foods necessary for good health;
10	Chain Five	10.3	Grades: 3-5	distinguish between safe and risky behaviors as related to disease prevention.
11	Alphabet Fruit (and Vegetables)	15.3	Grades: 3-5	explain how personal choices relate to health and wellness consequences.
12	Brilliant Breakfast	4.1	Grades: 3-5	use the Food Pyramid as a guide for choosing a variety of foods necessary for good health;
12	Brilliant Breakfast	15.3	Grades: 3-5	explain how personal choices relate to health and wellness consequences.

13	Fitness Walking	1.3	Grades: 3-5	identify personal health responsibilities.
13	Fitness Walking	3.2	Grades: 3-5	identify personal physical activity practices in order to achieve desired physical fitness levels.
13	Fitness Walking	15.3	Grades: 3-5	explain how personal choices relate to health and wellness consequences.
14	Healthy Living, Healthy Eating	4.1	Grades: 3-5	use the Food Pyramid as a guide for choosing a variety of foods necessary for good health;
14	Healthy Living, Healthy Eating	15.3	Grades: 3-5	explain how personal choices relate to health and wellness consequences.
15	Keeping the Balance	3.2	Grades: 3-5	identify personal physical activity practices in order to achieve desired physical fitness levels.
16	The Safe Workout: A Review	3.2	Grades: 3-5	identify personal physical activity practices in order to achieve desired physical fitness levels.
16	The Safe Workout: A Review	4.1	Grades: 3-5	use the Food Pyramid as a guide for choosing a variety of foods necessary for good health;
17	Hunting for Hidden Fat	4.1	Grades: 3-5	use the Food Pyramid as a guide for choosing a variety of foods necessary for good health;
17	Hunting for Hidden Fat	15.3	Grades: 3-5	explain how personal choices relate to health and wellness consequences.
18	Beverage Buzz: Sack the Sugar	4.1	Grades: 3-5	use the Food Pyramid as a guide for choosing a variety of foods necessary for good health;
18	Beverage Buzz: Sack the Sugar	4.2	Grades: 3-5	explain how weight is controlled by balancing diet and physical exercise.
18	Beverage Buzz: Sack the Sugar	15.3	Grades: 3-5	explain how personal choices relate to health and wellness consequences.
19	Snack Decisions	4.1	Grades: 3-5	use the Food Pyramid as a guide for choosing a variety of foods necessary for good health;

19	Snack Decisions	15.3	Grades: 3-5	explain how personal choices relate to health and wellness consequences.
19	Snack Decisions	18.2	Grades: 3-5	analyze how messages from media and technology influence health behaviors.
2	Carb Smart	4.1	Grades: 3-5	use the Food Pyramid as a guide for choosing a variety of foods necessary for good health;
20	Snacking and Inactivity	1.2	Grades: 3-5	describe physical/mental/social health implications of personal hygiene;
20	Snacking and Inactivity	3.2	Grades: 3-5	identify personal physical activity practices in order to achieve desired physical fitness levels.
20	Snacking and Inactivity	15.1	Grades: 3-5	evaluate the effects of substance use and abuse (e.g. tobacco, alcohol, and illegal drugs) on physical, mental, and social functioning;
20	Snacking and Inactivity	15.3	Grades: 3-5	explain how personal choices relate to health and wellness consequences.
21	Freeze My TV	1.3	Grades: 3-5	identify personal health responsibilities.
21	Freeze My TV	3.2	Grades: 3-5	identify personal physical activity practices in order to achieve desired physical fitness levels.
21	Freeze My TV	4.2	Grades: 3-5	explain how weight is controlled by balancing diet and physical exercise.
21	Freeze My TV	18.2	Grades: 3-5	analyze how messages from media and technology influence health behaviors.
22	Menu Monitoring	4.1	Grades: 3-5	use the Food Pyramid as a guide for choosing a variety of foods necessary for good health;
22	Menu Monitoring	15.3	Grades: 3-5	explain how personal choices relate to health and wellness consequences.
23	Veggiemania	1.3	Grades: 3-5	identify personal health responsibilities.

23	Veggiemania	15.3	Grades: 3-5	explain how personal choices relate to health and wellness consequences.
24	Breakfast Bonanza	4.1	Grades: 3-5	use the Food Pyramid as a guide for choosing a variety of foods necessary for good health;
24	Breakfast Bonanza	15.3	Grades: 3-5	explain how personal choices relate to health and wellness consequences.
25	Foods From Around the World; Italy, China, Mexico, and Ethiopia	4.1	Grades: 3-5	use the Food Pyramid as a guide for choosing a variety of foods necessary for good health;
25	Foods From Around the World; Italy, China, Mexico, and Ethiopia	15.3	Grades: 3-5	explain how personal choices relate to health and wellness consequences.
25	Foods From Around the World; Italy, China, Mexico, and Ethiopia	18.1	Grades: 3-5	describe the influence of cultural beliefs on personal and community health behaviors and the use of health services;
26	Fitness Walking	1.3	Grades: 3-5	identify personal health responsibilities.
26	Fitness Walking	3.2	Grades: 3-5	identify personal physical activity practices in order to achieve desired physical fitness levels.
26	Fitness Walking	15.3	Grades: 3-5	explain how personal choices relate to health and wellness consequences.
27	Freeze My TV	1.3	Grades: 3-5	identify personal health responsibilities.
27	Freeze My TV	3.2	Grades: 3-5	identify personal physical activity practices in order to achieve desired physical fitness levels.
27	Freeze My TV	4.2	Grades: 3-5	explain how weight is controlled by balancing diet and physical exercise.
27	Freeze My TV	18.2	Grades: 3-5	analyze how messages from media and technology influence health behaviors.

28	Get 3 At School and 5+ A Day	4.1	Grades: 3-5	use the Food Pyramid as a guide for choosing a variety of foods necessary for good health;
29	Class Walking Clubs	1.3	Grades: 3-5	identify personal health responsibilities.
29	Class Walking Clubs	3.2	Grades: 3-5	identify personal physical activity practices in order to achieve desired physical fitness levels.
29	Class Walking Clubs	15.3	Grades: 3-5	explain how personal choices relate to health and wellness consequences.
3	The Safe Workout: An Introduction	3.2	Grades: 3-5	identify personal physical activity practices in order to achieve desired physical fitness levels.
3	The Safe Workout: An Introduction	4.1	Grades: 3-5	use the Food Pyramid as a guide for choosing a variety of foods necessary for good health;
30	Tour de Health	3.2	Grades: 3-5	identify personal physical activity practices in order to achieve desired physical fitness levels.
4	Balancing Act	4.1	Grades: 3-5	use the Food Pyramid as a guide for choosing a variety of foods necessary for good health;
6	Snack Attack	4.1	Grades: 3-5	use the Food Pyramid as a guide for choosing a variety of foods necessary for good health;
6	Snack Attack	4.2	Grades: 3-5	explain how weight is controlled by balancing diet and physical exercise.
6	Snack Attack	15.3	Grades: 3-5	explain how personal choices relate to health and wellness consequences.
7	Sugar Water: Think About Your Drink	4.1	Grades: 3-5	use the Food Pyramid as a guide for choosing a variety of foods necessary for good health;
7	Sugar Water: Think About Your Drink	4.2	Grades: 3-5	explain how weight is controlled by balancing diet and physical exercise.
7	Sugar Water: Think About Your Drink	15.3	Grades: 3-5	explain how personal choices relate to health and wellness consequences.

8	The Safe Workout: Snacking's Just Fine, If you Choose the Right Kind	3.2	Grades: 3-5	identify personal physical activity practices in order to achieve desired physical fitness levels.
8	The Safe Workout: Snacking's Just Fine, If you Choose the Right Kind	15.3	Grades: 3-5	explain how personal choices relate to health and wellness consequences.
9	Prime-Time Smartness	15.3	Grades: 3-5	explain how personal choices relate to health and wellness consequences.
9	Prime-Time Smartness	18.2	Grades: 3-5	analyze how messages from media and technology influence health behaviors.
9	Prime-Time Smartness	19.2	Grades: 3-5	explain the uses of various health-promoting products and services.
Tennessee > Curriculum Standards > English/Language Arts (2001)				
Lesson	Title	State ID	Grade Descr	State Text
10	Chain Five	i	Fourth Grade	Use different voice levels and speech patterns for small groups, informal discussions, and reports.
10	Chain Five	a	Fourth Grade	Build vocabulary by listening to literature, participating in discussions, and reading self-selected and assigned texts.
10	Chain Five	i	Fifth Grade	Use different voice levels and speech patterns for small groups, informal discussions, and reports.
10	Chain Five	a	Fifth Grade	Build vocabulary by listening to literature, participating in discussions, and reading self-selected texts.
19	Snack Decisions	i	Fourth Grade	Use different voice levels and speech patterns for small groups, informal discussions, and reports.
19	Snack Decisions	a		

			Fourth Grade	Build vocabulary by listening to literature, participating in discussions, and reading self-selected and assigned texts.
19	Snack Decisions	2	Fourth Grade	selecting main idea and supporting details from text.
19	Snack Decisions	a	Fourth Grade	Write a letter to/as a character in a written work.
19	Snack Decisions	i	Fifth Grade	Use different voice levels and speech patterns for small groups, informal discussions, and reports.
19	Snack Decisions	a	Fifth Grade	Build vocabulary by listening to literature, participating in discussions, and reading self-selected texts.
19	Snack Decisions	g	Fifth Grade	Use context clues and pronunciation cues when appropriate to determine the correct meaning/usage of multiple meaning words.
19	Snack Decisions	2	Fifth Grade	selecting main idea and supporting details from text.
19	Snack Decisions	a	Fifth Grade	Write a letter to/as a character in a written work.
24	Breakfast Bonanza	i	Fourth Grade	Use different voice levels and speech patterns for small groups, informal discussions, and reports.
24	Breakfast Bonanza	a	Fourth Grade	Build vocabulary by listening to literature, participating in discussions, and reading self-selected and assigned texts.
24	Breakfast Bonanza	2	Fourth Grade	selecting main idea and supporting details from text.
24	Breakfast Bonanza	c	Fourth Grade	Apply comprehension skills and strategies to informational text (e.g., pre-reading and active comprehension).
24	Breakfast Bonanza	i	Fifth Grade	Use different voice levels and speech patterns for small groups, informal discussions, and reports.
24	Breakfast Bonanza	a	Fifth Grade	Build vocabulary by listening to literature, participating in discussions, and reading self-selected texts.

24	Breakfast Bonanza	g	Fifth Grade	Use context clues and pronunciation cues when appropriate to determine the correct meaning/usage of multiple meaning words.
24	Breakfast Bonanza	2	Fifth Grade	selecting main idea and supporting details from text.
24	Breakfast Bonanza	c	Fifth Grade	Apply comprehension skills and strategies to informational text.
27	Freeze My TV	g	Fourth Grade	Retrieve, organize, and represent information (e.g., charts, maps, graphs, forms, tables, timelines).
3	The Safe Workout: An Introduction	c	Fifth Grade	Apply comprehension skills and strategies to informational text.
4	Balancing Act	d	Fourth Grade	Understand a variety of informational texts, which include primary sources (e.g., autobiographical sketches, letters, and diaries; and internet sites).
4	Balancing Act	b	Fourth Grade	Locate information using available text features (e.g., maps, charts, graphics, appendices, and tables of contents).
4	Balancing Act	c	Fourth Grade	Apply comprehension skills and strategies to informational text (e.g., pre-reading and active comprehension).
4	Balancing Act	c	Fifth Grade	Apply comprehension skills and strategies to informational text.
6	Snack Attack	d	Fourth Grade	Understand a variety of informational texts, which include primary sources (e.g., autobiographical sketches, letters, and diaries; and internet sites).
6	Snack Attack	c	Fourth Grade	Apply comprehension skills and strategies to informational text (e.g., pre-reading and active comprehension).
9	Prime-Time Smartness	i	Fourth Grade	Use different voice levels and speech patterns for small groups, informal discussions, and reports.
9	Prime-Time Smartness	a	Fourth Grade	Build vocabulary by listening to literature, participating in discussions, and reading self-selected and assigned texts.

9	Prime-Time Smartness	d	Fourth Grade	Understand a variety of informational texts, which include primary sources (e.g., autobiographical sketches, letters, and diaries; and internet sites).
9	Prime-Time Smartness	c	Fourth Grade	Apply comprehension skills and strategies to informational text (e.g., pre-reading and active comprehension).
9	Prime-Time Smartness	a	Fourth Grade	Write a letter to/as a character in a written work.
9	Prime-Time Smartness	e	Fourth Grade	Write a reader's response to a literary work.
9	Prime-Time Smartness	f	Fourth Grade	Write creative, imaginative, and original responses to literature (e.g. poems, raps, songs, stories).
9	Prime-Time Smartness	i	Fifth Grade	Use different voice levels and speech patterns for small groups, informal discussions, and reports.
9	Prime-Time Smartness	a	Fifth Grade	Build vocabulary by listening to literature, participating in discussions, and reading self-selected texts.
9	Prime-Time Smartness	g	Fifth Grade	Use context clues and pronunciation cues when appropriate to determine the correct meaning/usage of multiple meaning words.
9	Prime-Time Smartness	c	Fifth Grade	Apply comprehension skills and strategies to informational text.
9	Prime-Time Smartness	a	Fifth Grade	Write a letter to/as a character in a written work.
9	Prime-Time Smartness	b	Fifth Grade	Create an optional ending for a story.
9	Prime-Time Smartness	c	Fifth Grade	Retell a story from a different point of view.
9	Prime-Time Smartness	d	Fifth Grade	Compare and contrast literary works.
9	Prime-Time Smartness	e		Write a reader's response to a literary work.

			Fifth Grade	
9	Prime-Time Smartness	f	Fifth Grade	Write creative, imaginative, and original responses to literature.
Tennessee > Curriculum Standards > Science (2001)				
Lesson	Title	State ID	Grade Descr	State Text
Tennessee > Curriculum Standards > Computer Technology (2005)				
Lesson	Title	State ID	Grade Descr	State Text
Tennessee > Curriculum Standards > Mathematics (2008)				
Lesson	Title	State ID	Grade Descr	State Text
27	Freeze My TV	GLE 0406.5.1	Grade 4	Collect, record, arrange, present, and interpret data using tables and various representations.
27	Freeze My TV	GLE 0506.5.1	Grade 5	Make, record, display and interpret data and graphs that include whole numbers, decimals, and fractions.
Tennessee > Curriculum Standards > English/Language Arts (2008)				
Lesson	Title	State ID		State Text

			Grade Descr	
4	Balancing Act	GLE 0401.6.2	Grade 4	Recognize the different text features of informational text (e.g., separate text boxes, diagrams, captions, charts, graphs).
4	Balancing Act	GLE 0501.6.2	Grade 5	Recognize the different text features of informational text (e.g., separate text boxes, diagrams, captions, charts, graphs).