

Alabama > Extended Standards > Mathematics (2006)				
Lesson	Title	State ID	Grade Descr	State Text
15	Keeping the Balance		Grades: K-12	Demonstrate addition by joining sets with 5 or less objects each
15	Keeping the Balance		Grades: K-12	Add and remove objects from a set containing 9 or less as they are counted
15	Keeping the Balance		Grades: K-12	Combine two groups of objects and mimic counting total up to 10
15	Keeping the Balance		Grades: K-12	Combine two groups of objects and mimic counting total up to 10 to represent regrouping
15	Keeping the Balance		Grades: K-12	Given a number 2 -10, use at least 2 different combinations of numbers to represent the given number using addition and subtraction
15	Keeping the Balance		Grades: K-12	Use 2 different combinations of numbers to represent an original sum
15	Keeping the Balance		Grades: K-12	Use 2 combinations of objects to represent the sum of an original group of objects
27	Freeze My TV		Grades: K-12	Analyze data collected to determine the amount of time required for familiar activities
27	Freeze My TV		Grades: K-12	Collect information and organize into data displays including tally charts and graphs
27	Freeze My TV		Grades: K-12	Organize pictures into data displays including tally charts and graphs
27	Freeze My TV		Grades: K-12	Organize objects into data displays
27	Freeze My TV		Grades: K-12	Compare data sets involving multiple populations

27	Freeze My TV		Grades: K-12	Compare data sets involving two populations
27	Freeze My TV		Grades: K-12	Describe data sets involving two populations
27	Freeze My TV		Grades: K-12	Create a circle graph to represent data
27	Freeze My TV		Grades: K-12	Read a circle graph with three or more variables
27	Freeze My TV		Grades: K-12	Read a circle graph with two variables
27	Freeze My TV		Grades: K-12	Select two identical circle graphs from a series of three or more
28	Get 3 At School and 5+ A Day		Grades: K-12	Collect information and organize into data displays including tally charts and graphs
28	Get 3 At School and 5+ A Day		Grades: K-12	Organize pictures into data displays including tally charts and graphs
4	Balancing Act		Grades: K-12	Create a circle graph to represent data
4	Balancing Act		Grades: K-12	Read a circle graph with three or more variables
4	Balancing Act		Grades: K-12	Read a circle graph with two variables
4	Balancing Act		Grades: K-12	Select two identical circle graphs from a series of three or more
Alabama > Extended Standards > Science (2007)				
Lesson	Title			State Text

		State ID	Grade Descr	
Alabama > Extended Standards > Reading (2006)				
Lesson	Title	State ID	Grade Descr	State Text
Alabama > Course of Study > Mathematics (2003)				
Lesson	Title	State ID	Grade Descr	State Text
17	Hunting for Hidden Fat	17	Fourth Grade	Represent numerical data using tables and graphs, including bar graphs and line graphs.
21	Freeze My TV	17	Fourth Grade	Represent numerical data using tables and graphs, including bar graphs and line graphs.
24	Breakfast Bonanza	17	Fourth Grade	Represent numerical data using tables and graphs, including bar graphs and line graphs.
27	Freeze My TV	17	Fourth Grade	Represent numerical data using tables and graphs, including bar graphs and line graphs.
27	Freeze My TV		Fifth Grade	Evaluating different representations of the same data to determine how well each representation shows important aspects of the data
27	Freeze My TV		Fifth Grade	Using given measures of central tendency (mean, median, and mode) to analyze data
4	Balancing Act	17	Fourth Grade	Represent numerical data using tables and graphs, including bar graphs and line graphs.
5	Fast-Food Frenzy		Fifth Grade	Relating percents to parts out of 100 by using equivalent fractions and decimals

Alabama > Course of Study > Technology Education (2002)				
Lesson	Title	State ID	Grade Descr	State Text
Alabama > Course of Study > English Language Arts (2007)				
Lesson	Title	State ID	Grade Descr	State Text
19	Snack Decisions		Fourth Grade	Identifying main idea
19	Snack Decisions		Fifth Grade	Identifying main idea and supporting details
24	Breakfast Bonanza		Fourth Grade	Identifying main idea
24	Breakfast Bonanza		Fifth Grade	Identifying main idea and supporting details
Alabama > Course of Study > Social Studies (2004)				
Lesson	Title	State ID	Grade Descr	State Text
Alabama > Course of Study > Health Education (2003)				
Lesson	Title			State Text

		State ID	Grade Descr	
1	Healthy Living	8	Fourth Grade	Describe beneficial effects of sleep, nutrition, and exercise on the systems of the human body.
1	Healthy Living	11	Fourth Grade	Explain the relationship between proper nutrition and good health.
1	Healthy Living	10	Fifth Grade	Identify the percentage of fat, protein, and carbohydrates needed in daily caloric intake.
10	Chain Five	8	Fourth Grade	Describe beneficial effects of sleep, nutrition, and exercise on the systems of the human body.
10	Chain Five	11	Fourth Grade	Explain the relationship between proper nutrition and good health.
10	Chain Five	12	Fifth Grade	Describe the body's natural defenses against diseases and preventive measures that help combat disease.
10	Chain Five	13	Fifth Grade	Recognize that some communicable diseases are preventable.
11	Alphabet Fruit (and Vegetables)	8	Fourth Grade	Describe beneficial effects of sleep, nutrition, and exercise on the systems of the human body.
11	Alphabet Fruit (and Vegetables)	11	Fourth Grade	Explain the relationship between proper nutrition and good health.
12	Brilliant Breakfast	8	Fourth Grade	Describe beneficial effects of sleep, nutrition, and exercise on the systems of the human body.
12	Brilliant Breakfast	11	Fourth Grade	Explain the relationship between proper nutrition and good health.
13	Fitness Walking	6	Fifth Grade	Identify adolescent risk behaviors that are the most common causes of injury or premature death.
13	Fitness Walking	7	Fifth Grade	Evaluate the impact of regular physical activity on health.

14	Healthy Living, Healthy Eating	8	Fourth Grade	Describe beneficial effects of sleep, nutrition, and exercise on the systems of the human body.
14	Healthy Living, Healthy Eating	7	Fifth Grade	Evaluate the impact of regular physical activity on health.
14	Healthy Living, Healthy Eating	10	Fifth Grade	Identify the percentage of fat, protein, and carbohydrates needed in daily caloric intake.
15	Keeping the Balance	8	Fourth Grade	Describe beneficial effects of sleep, nutrition, and exercise on the systems of the human body.
15	Keeping the Balance	11	Fourth Grade	Explain the relationship between proper nutrition and good health.
15	Keeping the Balance	7	Fifth Grade	Evaluate the impact of regular physical activity on health.
15	Keeping the Balance	10	Fifth Grade	Identify the percentage of fat, protein, and carbohydrates needed in daily caloric intake.
16	The Safe Workout: A Review	8	Fourth Grade	Describe beneficial effects of sleep, nutrition, and exercise on the systems of the human body.
16	The Safe Workout: A Review	11	Fourth Grade	Explain the relationship between proper nutrition and good health.
16	The Safe Workout: A Review	7	Fifth Grade	Evaluate the impact of regular physical activity on health.
17	Hunting for Hidden Fat	11	Fourth Grade	Explain the relationship between proper nutrition and good health.
17	Hunting for Hidden Fat	10	Fifth Grade	Identify the percentage of fat, protein, and carbohydrates needed in daily caloric intake.
19	Snack Decisions	4	Fourth Grade	Identify health-related messages found in media advertising.
19	Snack Decisions	3	Fifth Grade	Explain how messages from media and other sources influence health behaviors.

19	Snack Decisions	10	Fifth Grade	Identify the percentage of fat, protein, and carbohydrates needed in daily caloric intake.
2	Carb Smart	10	Fifth Grade	Identify the percentage of fat, protein, and carbohydrates needed in daily caloric intake.
20	Snacking and Inactivity	8	Fourth Grade	Describe beneficial effects of sleep, nutrition, and exercise on the systems of the human body.
20	Snacking and Inactivity	11	Fourth Grade	Explain the relationship between proper nutrition and good health.
20	Snacking and Inactivity	7	Fifth Grade	Evaluate the impact of regular physical activity on health.
20	Snacking and Inactivity	10	Fifth Grade	Identify the percentage of fat, protein, and carbohydrates needed in daily caloric intake.
21	Freeze My TV	8	Fourth Grade	Describe beneficial effects of sleep, nutrition, and exercise on the systems of the human body.
21	Freeze My TV	6	Fifth Grade	Identify adolescent risk behaviors that are the most common causes of injury or premature death.
21	Freeze My TV	7	Fifth Grade	Evaluate the impact of regular physical activity on health.
22	Menu Monitoring	8	Fourth Grade	Describe beneficial effects of sleep, nutrition, and exercise on the systems of the human body.
22	Menu Monitoring	11	Fourth Grade	Explain the relationship between proper nutrition and good health.
23	Veggiemania	8	Fourth Grade	Describe beneficial effects of sleep, nutrition, and exercise on the systems of the human body.
23	Veggiemania	11	Fourth Grade	Explain the relationship between proper nutrition and good health.
23	Veggiemania	6	Fifth Grade	Identify adolescent risk behaviors that are the most common causes of injury or premature death.

24	Breakfast Bonanza	8	Fourth Grade	Describe beneficial effects of sleep, nutrition, and exercise on the systems of the human body.
24	Breakfast Bonanza	11	Fourth Grade	Explain the relationship between proper nutrition and good health.
25	Foods From Around the World; Italy, China, Mexico, and Ethiopia	11	Fourth Grade	Explain the relationship between proper nutrition and good health.
26	Fitness Walking	6	Fifth Grade	Identify adolescent risk behaviors that are the most common causes of injury or premature death.
26	Fitness Walking	7	Fifth Grade	Evaluate the impact of regular physical activity on health.
27	Freeze My TV	8	Fourth Grade	Describe beneficial effects of sleep, nutrition, and exercise on the systems of the human body.
27	Freeze My TV	9	Fourth Grade	Describe the importance of positive personal health habits related to puberty and adolescence.
27	Freeze My TV	6	Fifth Grade	Identify adolescent risk behaviors that are the most common causes of injury or premature death.
27	Freeze My TV	7	Fifth Grade	Evaluate the impact of regular physical activity on health.
28	Get 3 At School and 5+ A Day	8	Fourth Grade	Describe beneficial effects of sleep, nutrition, and exercise on the systems of the human body.
28	Get 3 At School and 5+ A Day	11	Fourth Grade	Explain the relationship between proper nutrition and good health.
29	Class Walking Clubs	6	Fifth Grade	Identify adolescent risk behaviors that are the most common causes of injury or premature death.
29	Class Walking Clubs	7	Fifth Grade	Evaluate the impact of regular physical activity on health.
3	The Safe Workout: An Introduction	8	Fourth Grade	Describe beneficial effects of sleep, nutrition, and exercise on the systems of the human body.

3	The Safe Workout: An Introduction	7	Fifth Grade	Evaluate the impact of regular physical activity on health.
30	Tour de Health	8	Fourth Grade	Describe beneficial effects of sleep, nutrition, and exercise on the systems of the human body.
30	Tour de Health	11	Fourth Grade	Explain the relationship between proper nutrition and good health.
30	Tour de Health	7	Fifth Grade	Evaluate the impact of regular physical activity on health.
4	Balancing Act	8	Fourth Grade	Describe beneficial effects of sleep, nutrition, and exercise on the systems of the human body.
4	Balancing Act	11	Fourth Grade	Explain the relationship between proper nutrition and good health.
4	Balancing Act	10	Fifth Grade	Identify the percentage of fat, protein, and carbohydrates needed in daily caloric intake.
5	Fast-Food Frenzy	8	Fourth Grade	Describe beneficial effects of sleep, nutrition, and exercise on the systems of the human body.
5	Fast-Food Frenzy	11	Fourth Grade	Explain the relationship between proper nutrition and good health.
5	Fast-Food Frenzy	10	Fifth Grade	Identify the percentage of fat, protein, and carbohydrates needed in daily caloric intake.
6	Snack Attack	10	Fifth Grade	Identify the percentage of fat, protein, and carbohydrates needed in daily caloric intake.
7	Sugar Water: Think About Your Drink	8	Fourth Grade	Describe beneficial effects of sleep, nutrition, and exercise on the systems of the human body.
7	Sugar Water: Think About Your Drink	11	Fourth Grade	Explain the relationship between proper nutrition and good health.
7	Sugar Water: Think About Your Drink	10	Fifth Grade	Identify the percentage of fat, protein, and carbohydrates needed in daily caloric intake.

8	The Safe Workout: Snacking's Just Fine, If you Choose the Right Kind	8	Fourth Grade	Describe beneficial effects of sleep, nutrition, and exercise on the systems of the human body.
8	The Safe Workout: Snacking's Just Fine, If you Choose the Right Kind	11	Fourth Grade	Explain the relationship between proper nutrition and good health.
8	The Safe Workout: Snacking's Just Fine, If you Choose the Right Kind	7	Fifth Grade	Evaluate the impact of regular physical activity on health.
9	Prime-Time Smartness	3	Fourth Grade	Identify health-promoting products and services.
9	Prime-Time Smartness	4	Fourth Grade	Identify health-related messages found in media advertising.
9	Prime-Time Smartness	3	Fifth Grade	Explain how messages from media and other sources influence health behaviors.
Alabama > Course of Study > Reading (2003)				
Lesson	Title	State ID	Grade Descr	State Text
19	Snack Decisions		Fourth Grade	Using context clues
19	Snack Decisions		Fifth Grade	Main idea and supporting details
24	Breakfast Bonanza		Fourth Grade	Using context clues
24	Breakfast Bonanza		Fifth Grade	Main idea and supporting details
9	Prime-Time Smartness		Fourth Grade	Using context clues

Alabama > Course of Study > Science (2005)				
Lesson	Title	State ID	Grade Descr	State Text
21	Freeze My TV		Grades: K-12	Conveying oral or written information verbally as well as visually through models, tables, charts, and graphs
27	Freeze My TV		Grades: K-12	Conveying oral or written information verbally as well as visually through models, tables, charts, and graphs
27	Freeze My TV		Grades: K-12	Using collected data to accept or reject hypotheses
Alabama > Course of Study > English Language Arts (1999)				
Lesson	Title	State ID	Grade Descr	State Text
19	Snack Decisions		Fourth Grade	Identifying important details
19	Snack Decisions		Fourth Grade	Identifying main idea
19	Snack Decisions		Fifth Grade	Identifying important details
19	Snack Decisions		Fifth Grade	Identifying main idea
24	Breakfast Bonanza		Fourth Grade	Identifying important details
24	Breakfast Bonanza		Fourth Grade	Identifying main idea
24	Breakfast Bonanza			Identifying important details

			Fifth Grade	
24	Breakfast Bonanza		Fifth Grade	Identifying main idea
27	Freeze My TV		Fourth Grade	Chart
27	Freeze My TV		Fifth Grade	Charts
4	Balancing Act		Fourth Grade	Graphic aids
4	Balancing Act		Fourth Grade	Textual
4	Balancing Act		Fourth Grade	Chart
4	Balancing Act		Fifth Grade	Graphic aids
4	Balancing Act		Fifth Grade	Textual
4	Balancing Act		Fifth Grade	Charts
6	Snack Attack		Fourth Grade	Textual
6	Snack Attack		Fifth Grade	Textual
7	Sugar Water: Think About Your Drink		Fourth Grade	Functional
7	Sugar Water: Think About Your Drink		Fifth Grade	Functional

8	The Safe Workout: Snacking's Just Fine, If you Choose the Right Kind		Fourth Grade	Chart
8	The Safe Workout: Snacking's Just Fine, If you Choose the Right Kind		Fifth Grade	Charts
9	Prime-Time Smartness		Fourth Grade	Textual
9	Prime-Time Smartness		Fifth Grade	Textual