

Nutrition Policy Web Sites

The following Web sites offer information on nutrition policy and legislation. These Web sites are operated by the federal government, by state-level organizations, and by nonprofit groups that health professionals consider to be reputable organizations. *Eat Well & Keep Moving* cannot vouch for the accuracy or completeness of the information contained on these Web sites. The listing of a Web site here does not mean that *Eat Well & Keep Moving*, the Harvard School of Public Health, or the Harvard Prevention Research Center endorses these organizations or their positions.

The following Web site links will not work with all browsers. If the Web site links do not work with your browser, go to www.eatwellandkeepmoving.org for a complete listing of these Web sites, or simply type the Web site URL directly into your browser.

Action for Healthy Kids

What's Happening in My State?

Action for Healthy Kids is a public-private partnership that works through schools to improve the health of overweight, undernourished, and sedentary youth. Its Web site includes a state-by-state look at its work to improve school nutrition through school policies, legislation, and other efforts.

www.actionforhealthykids.org/state.php

Centers for Disease Control and Prevention (CDC)

Nutrition and Physical Activity Legislative Database

This Web-accessible database has information on state-level bills related to nutrition and physical activity. The database can be searched by state, subject, bill number, bill status, year, and topic.

<http://apps.nccd.cdc.gov/DNPALeg/>

Center for Science in the Public Interest (CSPI)

Nutrition Policy: Because It Takes More Than Willpower

CSPI is a consumer advocacy organization that advances health and nutrition policy issues. Its Web site outlines several public policy options to promote healthy eating, including nutrition labeling on restaurant menus, decreased marketing of low-nutrition foods to children, and improvements to school foods.

www.cspinet.org/nutritionpolicy/index.html

Prevention Institute

Nutrition Policy Profiles

The Prevention Institute's Web site offers profiles of nutrition policy recommendations aimed at improving health. Topics covered include competitive foods in schools, soft drink contracts in schools, television advertising to children, and work site policies to offer nutritious foods.

www.preventioninstitute.org/npp.html

From L.W.Y. Cheung, H. Dart, S. Kalin, and S.L. Gortmaker, 2007, *Eat Well & Keep Moving*, 2nd ed. (Champaign, IL: Human Kinetics).

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Strategic Alliance for Healthy Food and Activity Environments

A coalition of nutrition and physical activity advocates in California, the Strategic Alliance promotes policy and environmental changes that support healthy eating and physical activity. Its Web site has information on promoting environmental and policy change in five sectors: children's environments, government, industry, health care, and media.

www.preventioninstitute.org/sa/

From L.W.Y. Cheung, H. Dart, S. Kalin, and S.L. Gortmaker, 2007, *Eat Well & Keep Moving*, 2nd ed. (Champaign, IL: Human Kinetics).