

Nebraska > Grade Level Expectations > Mathematics (2005)				
Lesson	Title	State ID	Grade Descr	State Text
Nebraska > Grade Level Expectations > Reading/Writing (2005)				
Lesson	Title	State ID	Grade Descr	State Text
19	Snack Decisions		Grade 5	Identify topic, main idea and supporting details of selection.
24	Breakfast Bonanza		Grade 5	Interpret information from diagrams, charts and/or graphs.
24	Breakfast Bonanza		Grade 5	Identify topic, main idea and supporting details of selection.
27	Freeze My TV		Grade 5	Interpret information from diagrams, charts and/or graphs.
3	The Safe Workout: An Introduction		Grade 5	Interpret information from diagrams, charts and/or graphs.
4	Balancing Act		Grade 5	Interpret information from diagrams, charts and/or graphs.
5	Fast-Food Frenzy		Grade 5	Interpret information from diagrams, charts and/or graphs.
6	Snack Attack		Grade 5	Interpret information from diagrams, charts and/or graphs.
9	Prime-Time Smartness		Grade 5	Interpret information from diagrams, charts and/or graphs.
Nebraska > Academic Standards > Mathematics (2001)				
Lesson	Title	State ID	Grade Descr	State Text
21	Freeze My TV		Grades: 2-4	Collect, organize, and interpret data in line plots, tables, charts, and graphs (pie graphs, bar graphs, and pictographs).

21	Freeze My TV		Grades: 5-8	Select appropriate representations of data when constructing data displays (graphs, tables, or charts).
21	Freeze My TV	8.5.2	Grades: 5-8	Read and interpret tables, charts, and graphs to make comparisons and predictions.
21	Freeze My TV		Grades: 5-8	Identify the use of appropriate charts and graphs.
27	Freeze My TV		Grades: 2-4	Collect, organize, and interpret data in line plots, tables, charts, and graphs (pie graphs, bar graphs, and pictographs).
27	Freeze My TV		Grades: 5-8	Select appropriate representations of data when constructing data displays (graphs, tables, or charts).
27	Freeze My TV	8.5.2	Grades: 5-8	Read and interpret tables, charts, and graphs to make comparisons and predictions.
27	Freeze My TV		Grades: 5-8	Identify the use of appropriate charts and graphs.
28	Get 3 At School and 5+ A Day		Grades: 2-4	Collect, organize, and interpret data in line plots, tables, charts, and graphs (pie graphs, bar graphs, and pictographs).
4	Balancing Act		Grades: 2-4	Collect, organize, and interpret data in line plots, tables, charts, and graphs (pie graphs, bar graphs, and pictographs).
4	Balancing Act		Grades: 5-8	Select appropriate representations of data when constructing data displays (graphs, tables, or charts).
4	Balancing Act	8.5.2	Grades: 5-8	Read and interpret tables, charts, and graphs to make comparisons and predictions.
4	Balancing Act		Grades: 5-8	Identify the use of appropriate charts and graphs.
5	Fast-Food Frenzy		Grades: 5-8	Select appropriate representations of data when constructing data displays (graphs, tables, or charts).
5	Fast-Food Frenzy	8.5.2	Grades: 5-8	Read and interpret tables, charts, and graphs to make comparisons and predictions.

6	Snack Attack		Grades: 5-8	Select appropriate representations of data when constructing data displays (graphs, tables, or charts).
6	Snack Attack	8.5.2	Grades: 5-8	Read and interpret tables, charts, and graphs to make comparisons and predictions.
6	Snack Attack		Grades: 5-8	Identify the use of appropriate charts and graphs.
Nebraska > Academic Standards > Social Studies (2003)				
Lesson	Title	State ID	Grade Descr	State Text
Nebraska > Academic Standards > Reading/Writing (2001)				
Lesson	Title	State ID	Grade Descr	State Text
1	Healthy Living		Grades: 2-4	Interpret information from diagrams, charts, and graphs.
1	Healthy Living		Grades: 5-8	Interpret information from diagrams, charts, and graphs.
1	Healthy Living		Grades: 5-8	Identify organizational elements and graphic features of nonfiction texts (headings, subheadings, italics, bold print, captions, charts, tables, cartoons, illustrations).
1	Healthy Living		Grades: 5-8	Use discussion skills to assume leadership and participant roles.
10	Chain Five		Grades: 5-8	Practice the rules for group discussions.
10	Chain Five		Grades: 5-8	Use discussion skills to assume leadership and participant roles.

11	Alphabet Fruit (and Vegetables)		Grades: 2-4	Contribute information and ask questions relevant to the topic discussed.
11	Alphabet Fruit (and Vegetables)		Grades: 5-8	Contribute knowledge and ask questions relevant to the topic discussed.
11	Alphabet Fruit (and Vegetables)		Grades: 5-8	Practice the rules for group discussions.
11	Alphabet Fruit (and Vegetables)		Grades: 5-8	Use discussion skills to assume leadership and participant roles.
12	Brilliant Breakfast		Grades: 5-8	Interpret information from diagrams, charts, and graphs.
12	Brilliant Breakfast		Grades: 5-8	Use discussion skills to assume leadership and participant roles.
13	Fitness Walking		Grades: 2-4	Contribute information and ask questions relevant to the topic discussed.
13	Fitness Walking		Grades: 5-8	Contribute knowledge and ask questions relevant to the topic discussed.
13	Fitness Walking		Grades: 5-8	Practice the rules for group discussions.
13	Fitness Walking		Grades: 5-8	Use discussion skills to assume leadership and participant roles.
14	Healthy Living, Healthy Eating		Grades: 2-4	Contribute information and ask questions relevant to the topic discussed.
14	Healthy Living, Healthy Eating		Grades: 5-8	Contribute knowledge and ask questions relevant to the topic discussed.
14	Healthy Living, Healthy Eating		Grades: 5-8	Practice the rules for group discussions.
14	Healthy Living, Healthy Eating		Grades: 5-8	Use discussion skills to assume leadership and participant roles.

15	Keeping the Balance		Grades: 2-4	Contribute information and ask questions relevant to the topic discussed.
15	Keeping the Balance		Grades: 5-8	Contribute knowledge and ask questions relevant to the topic discussed.
15	Keeping the Balance		Grades: 5-8	Practice the rules for group discussions.
15	Keeping the Balance		Grades: 5-8	Use discussion skills to assume leadership and participant roles.
16	The Safe Workout: A Review		Grades: 2-4	Contribute information and ask questions relevant to the topic discussed.
16	The Safe Workout: A Review		Grades: 5-8	Contribute knowledge and ask questions relevant to the topic discussed.
16	The Safe Workout: A Review		Grades: 5-8	Practice the rules for group discussions.
16	The Safe Workout: A Review		Grades: 5-8	Use discussion skills to assume leadership and participant roles.
17	Hunting for Hidden Fat		Grades: 2-4	Contribute information and ask questions relevant to the topic discussed.
17	Hunting for Hidden Fat		Grades: 5-8	Interpret information from diagrams, charts, and graphs.
17	Hunting for Hidden Fat		Grades: 5-8	Contribute knowledge and ask questions relevant to the topic discussed.
17	Hunting for Hidden Fat		Grades: 5-8	Practice the rules for group discussions.
17	Hunting for Hidden Fat		Grades: 5-8	Use discussion skills to assume leadership and participant roles.
18	Beverage Buzz: Sack the Sugar		Grades: 2-4	Contribute information and ask questions relevant to the topic discussed.

18	Beverage Buzz: Sack the Sugar		Grades: 5-8	Contribute knowledge and ask questions relevant to the topic discussed.
18	Beverage Buzz: Sack the Sugar		Grades: 5-8	Practice the rules for group discussions.
18	Beverage Buzz: Sack the Sugar		Grades: 5-8	Use discussion skills to assume leadership and participant roles.
19	Snack Decisions		Grades: 2-4	Use context clues to confirm the accuracy of their reading.
19	Snack Decisions		Grades: 2-4	Write letters.
19	Snack Decisions		Grades: 2-4	Contribute information and ask questions relevant to the topic discussed.
19	Snack Decisions		Grades: 5-8	Skim to identify the main idea of a selection.
19	Snack Decisions		Grades: 5-8	Scan to locate specific details.
19	Snack Decisions		Grades: 5-8	Contribute knowledge and ask questions relevant to the topic discussed.
19	Snack Decisions		Grades: 5-8	Practice the rules for group discussions.
19	Snack Decisions		Grades: 5-8	Use discussion skills to assume leadership and participant roles.
2	Carb Smart		Grades: 5-8	Use discussion skills to assume leadership and participant roles.
20	Snacking and Inactivity		Grades: 2-4	Contribute information and ask questions relevant to the topic discussed.
20	Snacking and Inactivity		Grades: 5-8	Contribute knowledge and ask questions relevant to the topic discussed.

20	Snacking and Inactivity		Grades: 5-8	Practice the rules for group discussions.
20	Snacking and Inactivity		Grades: 5-8	Use discussion skills to assume leadership and participant roles.
21	Freeze My TV		Grades: 2-4	Contribute information and ask questions relevant to the topic discussed.
21	Freeze My TV		Grades: 5-8	Interpret information from diagrams, charts, and graphs.
21	Freeze My TV		Grades: 5-8	Contribute knowledge and ask questions relevant to the topic discussed.
21	Freeze My TV		Grades: 5-8	Practice the rules for group discussions.
21	Freeze My TV		Grades: 5-8	Use discussion skills to assume leadership and participant roles.
22	Menu Monitoring		Grades: 2-4	Contribute information and ask questions relevant to the topic discussed.
22	Menu Monitoring		Grades: 5-8	Contribute knowledge and ask questions relevant to the topic discussed.
22	Menu Monitoring		Grades: 5-8	Practice the rules for group discussions.
22	Menu Monitoring		Grades: 5-8	Use discussion skills to assume leadership and participant roles.
23	Veggiemania		Grades: 2-4	Contribute information and ask questions relevant to the topic discussed.
23	Veggiemania		Grades: 5-8	Contribute knowledge and ask questions relevant to the topic discussed.
23	Veggiemania		Grades: 5-8	Practice the rules for group discussions.

23	Veggiemania		Grades: 5-8	Use discussion skills to assume leadership and participant roles.
24	Breakfast Bonanza		Grades: 2-4	Use context clues to confirm the accuracy of their reading.
24	Breakfast Bonanza		Grades: 2-4	Interpret information from diagrams, charts, and graphs.
24	Breakfast Bonanza		Grades: 5-8	Interpret information from diagrams, charts, and graphs.
24	Breakfast Bonanza		Grades: 5-8	Skim to identify the main idea of a selection.
24	Breakfast Bonanza		Grades: 5-8	Scan to locate specific details.
24	Breakfast Bonanza		Grades: 5-8	Practice the rules for group discussions.
24	Breakfast Bonanza		Grades: 5-8	Use discussion skills to assume leadership and participant roles.
25	Foods From Around the World; Italy, China, Mexico, and Ethiopia		Grades: 5-8	Use discussion skills to assume leadership and participant roles.
26	Fitness Walking		Grades: 2-4	Contribute information and ask questions relevant to the topic discussed.
26	Fitness Walking		Grades: 5-8	Contribute knowledge and ask questions relevant to the topic discussed.
26	Fitness Walking		Grades: 5-8	Practice the rules for group discussions.
26	Fitness Walking		Grades: 5-8	Use discussion skills to assume leadership and participant roles.
27	Freeze My TV		Grades: 2-4	Interpret information from diagrams, charts, and graphs.

27	Freeze My TV		Grades: 2-4	Contribute information and ask questions relevant to the topic discussed.
27	Freeze My TV		Grades: 5-8	Interpret information from diagrams, charts, and graphs.
27	Freeze My TV		Grades: 5-8	Identify organizational elements and graphic features of nonfiction texts (headings, subheadings, italics, bold print, captions, charts, tables, cartoons, illustrations).
27	Freeze My TV		Grades: 5-8	Contribute knowledge and ask questions relevant to the topic discussed.
27	Freeze My TV		Grades: 5-8	Practice the rules for group discussions.
27	Freeze My TV		Grades: 5-8	Use discussion skills to assume leadership and participant roles.
28	Get 3 At School and 5+ A Day		Grades: 5-8	Interpret information from diagrams, charts, and graphs.
28	Get 3 At School and 5+ A Day		Grades: 5-8	Use discussion skills to assume leadership and participant roles.
3	The Safe Workout: An Introduction		Grades: 2-4	Interpret information from diagrams, charts, and graphs.
3	The Safe Workout: An Introduction		Grades: 5-8	Interpret information from diagrams, charts, and graphs.
3	The Safe Workout: An Introduction		Grades: 5-8	Use discussion skills to assume leadership and participant roles.
30	Tour de Health		Grades: 5-8	Use discussion skills to assume leadership and participant roles.
4	Balancing Act		Grades: 2-4	Interpret information from diagrams, charts, and graphs.
4	Balancing Act		Grades: 5-8	Interpret information from diagrams, charts, and graphs.

4	Balancing Act		Grades: 5-8	Identify organizational elements and graphic features of nonfiction texts (headings, subheadings, italics, bold print, captions, charts, tables, cartoons, illustrations).
4	Balancing Act		Grades: 5-8	Practice the rules for group discussions.
4	Balancing Act		Grades: 5-8	Use discussion skills to assume leadership and participant roles.
5	Fast-Food Frenzy		Grades: 2-4	Interpret information from diagrams, charts, and graphs.
5	Fast-Food Frenzy		Grades: 5-8	Interpret information from diagrams, charts, and graphs.
5	Fast-Food Frenzy		Grades: 5-8	Identify organizational elements and graphic features of nonfiction texts (headings, subheadings, italics, bold print, captions, charts, tables, cartoons, illustrations).
6	Snack Attack		Grades: 2-4	Interpret information from diagrams, charts, and graphs.
6	Snack Attack		Grades: 2-4	Contribute information and ask questions relevant to the topic discussed.
6	Snack Attack		Grades: 5-8	Interpret information from diagrams, charts, and graphs.
6	Snack Attack		Grades: 5-8	Contribute knowledge and ask questions relevant to the topic discussed.
6	Snack Attack		Grades: 5-8	Practice the rules for group discussions.
6	Snack Attack		Grades: 5-8	Use discussion skills to assume leadership and participant roles.
7	Sugar Water: Think About Your Drink		Grades: 2-4	Contribute information and ask questions relevant to the topic discussed.
7	Sugar Water: Think About Your Drink		Grades: 5-8	Contribute knowledge and ask questions relevant to the topic discussed.

7	Sugar Water: Think About Your Drink		Grades: 5-8	Practice the rules for group discussions.
7	Sugar Water: Think About Your Drink		Grades: 5-8	Use discussion skills to assume leadership and participant roles.
8	The Safe Workout: Snacking's Just Fine, If you Choose the Right Kind		Grades: 2-4	Interpret information from diagrams, charts, and graphs.
8	The Safe Workout: Snacking's Just Fine, If you Choose the Right Kind		Grades: 2-4	Contribute information and ask questions relevant to the topic discussed.
8	The Safe Workout: Snacking's Just Fine, If you Choose the Right Kind		Grades: 5-8	Interpret information from diagrams, charts, and graphs.
8	The Safe Workout: Snacking's Just Fine, If you Choose the Right Kind		Grades: 5-8	Contribute knowledge and ask questions relevant to the topic discussed.
8	The Safe Workout: Snacking's Just Fine, If you Choose the Right Kind		Grades: 5-8	Practice the rules for group discussions.
8	The Safe Workout: Snacking's Just Fine, If you Choose the Right Kind		Grades: 5-8	Use discussion skills to assume leadership and participant roles.
9	Prime-Time Smartness		Grades: 2-4	Use context clues to confirm the accuracy of their reading.
9	Prime-Time Smartness		Grades: 2-4	Interpret information from diagrams, charts, and graphs.
9	Prime-Time Smartness		Grades: 2-4	Contribute information and ask questions relevant to the topic discussed.
9	Prime-Time Smartness		Grades: 5-8	Interpret information from diagrams, charts, and graphs.
9	Prime-Time Smartness		Grades: 5-8	Contribute knowledge and ask questions relevant to the topic discussed.
9	Prime-Time Smartness		Grades: 5-8	Practice the rules for group discussions.

9	Prime-Time Smartness		Grades: 5-8	Use discussion skills to assume leadership and participant roles.
Nebraska > Academic Standards > Science (1998)				
Lesson	Title	State ID	Grade Descr	State Text
1	Healthy Living		Grades: 5-8	Investigate and explain how personal choices can directly affect a person's health (e.g., exercise, nutrition, and use of drugs).
11	Alphabet Fruit (and Vegetables)		Grades: 5-8	Investigate and explain how personal choices can directly affect a person's health (e.g., exercise, nutrition, and use of drugs).
12	Brilliant Breakfast		Grades: 5-8	Investigate and explain how personal choices can directly affect a person's health (e.g., exercise, nutrition, and use of drugs).
21	Freeze My TV		Grades: 2-4	Create a model, graph, or illustration that represents an object, living thing, or an event.
21	Freeze My TV		Grades: 5-8	Investigate and explain how personal choices can directly affect a person's health (e.g., exercise, nutrition, and use of drugs).
23	Veggiemania		Grades: 5-8	Investigate and explain how personal choices can directly affect a person's health (e.g., exercise, nutrition, and use of drugs).
25	Foods From Around the World; Italy, China, Mexico, and Ethiopia		Grades: 5-8	Investigate and explain how personal choices can directly affect a person's health (e.g., exercise, nutrition, and use of drugs).
26	Fitness Walking		Grades: 5-8	Investigate and explain how personal choices can directly affect a person's health (e.g., exercise, nutrition, and use of drugs).
27	Freeze My TV		Grades: 2-4	Create a model, graph, or illustration that represents an object, living thing, or an event.
27	Freeze My TV		Grades: 2-4	Use simple equipment and tools (e.g., thermometers and scales) to gather data and extend the senses.
27	Freeze My TV			Use appropriate tools and techniques to gather, analyze, and interpret data.

			Grades: 5-8	
27	Freeze My TV		Grades: 5-8	Investigate and explain how personal choices can directly affect a person's health (e.g., exercise, nutrition, and use of drugs).
28	Get 3 At School and 5+ A Day		Grades: 5-8	Investigate and explain how personal choices can directly affect a person's health (e.g., exercise, nutrition, and use of drugs).
29	Class Walking Clubs		Grades: 5-8	Investigate and explain how personal choices can directly affect a person's health (e.g., exercise, nutrition, and use of drugs).
3	The Safe Workout: An Introduction		Grades: 5-8	Investigate and explain how personal choices can directly affect a person's health (e.g., exercise, nutrition, and use of drugs).
30	Tour de Health		Grades: 5-8	Investigate and explain how personal choices can directly affect a person's health (e.g., exercise, nutrition, and use of drugs).
4	Balancing Act		Grades: 5-8	Investigate and explain how personal choices can directly affect a person's health (e.g., exercise, nutrition, and use of drugs).
5	Fast-Food Frenzy		Grades: 5-8	Investigate and explain how personal choices can directly affect a person's health (e.g., exercise, nutrition, and use of drugs).
8	The Safe Workout: Snacking's Just Fine, If you Choose the Right Kind		Grades: 5-8	Investigate and explain how personal choices can directly affect a person's health (e.g., exercise, nutrition, and use of drugs).
Nebraska > Alternative Standards > Science (2006)				
Lesson	Title	State ID	Grade Descr	State Text
Nebraska > Alternative Standards > Mathematics (2006)				
Lesson	Title	State ID	Grade Descr	State Text

27	Freeze My TV		Grade 5	The student, with teacher prompting, collects data.
27	Freeze My TV		Grade 5	The student collects and organizes data with prompts.
27	Freeze My TV		Grade 5	The student collects and organizes data.
27	Freeze My TV		Grade 5	The student collects, organizes, records, and interprets data with prompts.
27	Freeze My TV		Grade 5	The student collects, organizes, records and interprets data.
27	Freeze My TV		Grade 5	The student collects, organizes, records, and interprets data with prompts in everyday school situations.
27	Freeze My TV		Grade 5	The student collects, organizes, records, and interprets data in everyday situations.
28	Get 3 At School and 5+ A Day		Grade 5	The student collects and organizes data with prompts.
28	Get 3 At School and 5+ A Day		Grade 5	The student collects and organizes data.
28	Get 3 At School and 5+ A Day		Grade 5	The student collects, organizes, records, and interprets data with prompts.
28	Get 3 At School and 5+ A Day		Grade 5	The student collects, organizes, records and interprets data.
28	Get 3 At School and 5+ A Day		Grade 5	The student collects, organizes, records, and interprets data with prompts in everyday school situations.
28	Get 3 At School and 5+ A Day		Grade 5	The student collects, organizes, records, and interprets data in everyday situations.
Nebraska > Alternative Standards > Reading/Writing (2006)				
Lesson	Title	State ID	Grade Descr	State Text
Nebraska > Alternative Standards > Social Studies (2006)				
Lesson	Title	State ID	Grade Descr	State Text

Nebraska > Essential Learnings > Technology (2002)				
Lesson	Title	State ID	Grade Descr	State Text
Nebraska > Essential Learnings > Physical Education (2006)				
Lesson	Title	State ID	Grade Descr	State Text
Nebraska > Essential Learnings > Health Education (1998)				
Lesson	Title	State ID	Grade Descr	State Text
1	Healthy Living	4.4a	Grades: 3-5	debating how the sale of candy, sodas, and chips at school influences the food choices of students.
10	Chain Five	2.2a	Grades: 3-5	demonstrating the ability to read food labels for specific content information.
13	Fitness Walking	1.1a	Grades: 3-5	creating a list of positive activities which support healthy behaviors of friends and classmates.
13	Fitness Walking	3.4b	Grades: 3-5	developing a personal exercise program.
13	Fitness Walking	3.7a	Grades: 3-5	explaining the benefits of exercise for stress management.
13	Fitness Walking	6.3a	Grades: 3-5	describing three characteristics of a person who chooses to maintain an exercise program.

14	Healthy Living, Healthy Eating	3.4a	Grades: 3-5	charting fat grams for one week and calculating the average.
14	Healthy Living, Healthy Eating	3.4b	Grades: 3-5	developing a personal exercise program.
14	Healthy Living, Healthy Eating	3.7a	Grades: 3-5	explaining the benefits of exercise for stress management.
14	Healthy Living, Healthy Eating	6.3a	Grades: 3-5	describing three characteristics of a person who chooses to maintain an exercise program.
15	Keeping the Balance	3.4a	Grades: 3-5	charting fat grams for one week and calculating the average.
15	Keeping the Balance	3.4b	Grades: 3-5	developing a personal exercise program.
15	Keeping the Balance	3.7a	Grades: 3-5	explaining the benefits of exercise for stress management.
15	Keeping the Balance	6.3a	Grades: 3-5	describing three characteristics of a person who chooses to maintain an exercise program.
16	The Safe Workout: A Review	3.4b	Grades: 3-5	developing a personal exercise program.
16	The Safe Workout: A Review	3.7a	Grades: 3-5	explaining the benefits of exercise for stress management.
16	The Safe Workout: A Review	6.3a	Grades: 3-5	describing three characteristics of a person who chooses to maintain an exercise program.
17	Hunting for Hidden Fat	2.2a	Grades: 3-5	demonstrating the ability to read food labels for specific content information.
17	Hunting for Hidden Fat	3.4a	Grades: 3-5	charting fat grams for one week and calculating the average.
18	Beverage Buzz: Sack the Sugar	2.2a	Grades: 3-5	demonstrating the ability to read food labels for specific content information.

19	Snack Decisions	2.2a	Grades: 3-5	demonstrating the ability to read food labels for specific content information.
19	Snack Decisions	3.4a	Grades: 3-5	charting fat grams for one week and calculating the average.
19	Snack Decisions	4.2a	Grades: 3-5	discussing media influences on health.
19	Snack Decisions	4.2b	Grades: 3-5	creating a positive advertisement for something health related.
2	Carb Smart	3.4a	Grades: 3-5	charting fat grams for one week and calculating the average.
20	Snacking and Inactivity	3.4a	Grades: 3-5	charting fat grams for one week and calculating the average.
20	Snacking and Inactivity	3.4b	Grades: 3-5	developing a personal exercise program.
20	Snacking and Inactivity	3.7a	Grades: 3-5	explaining the benefits of exercise for stress management.
20	Snacking and Inactivity	6.3a	Grades: 3-5	describing three characteristics of a person who chooses to maintain an exercise program.
21	Freeze My TV	1.1a	Grades: 3-5	creating a list of positive activities which support healthy behaviors of friends and classmates.
21	Freeze My TV	3.4b	Grades: 3-5	developing a personal exercise program.
21	Freeze My TV	3.7a	Grades: 3-5	explaining the benefits of exercise for stress management.
21	Freeze My TV	4.3a	Grades: 3-5	listing ways medical technology has influenced personal health.
21	Freeze My TV	4.3b	Grades: 3-5	demonstrating the use of a mercury thermometer vs. a digital one vs. an ear probe.

21	Freeze My TV	6.3a	Grades: 3-5	describing three characteristics of a person who chooses to maintain an exercise program.
23	Veggiemania	1.1a	Grades: 3-5	creating a list of positive activities which support healthy behaviors of friends and classmates.
25	Foods From Around the World; Italy, China, Mexico, and Ethiopia	4.1a	Grades: 3-5	listing cultural origins of health practices that influence behavior (e.g., cultural practices like using a healer or home remedies).
25	Foods From Around the World; Italy, China, Mexico, and Ethiopia	4.1b	Grades: 3-5	identifying a variety of ethnic foods and where they fall on the food pyramid chart.
26	Fitness Walking	1.1a	Grades: 3-5	creating a list of positive activities which support healthy behaviors of friends and classmates.
26	Fitness Walking	3.4b	Grades: 3-5	developing a personal exercise program.
26	Fitness Walking	3.7a	Grades: 3-5	explaining the benefits of exercise for stress management.
26	Fitness Walking	6.3a	Grades: 3-5	describing three characteristics of a person who chooses to maintain an exercise program.
27	Freeze My TV	1.1a	Grades: 3-5	creating a list of positive activities which support healthy behaviors of friends and classmates.
27	Freeze My TV	3.1a	Grades: 3-5	keeping a journal for a week showing ways to stay healthy.
27	Freeze My TV	3.2a	Grades: 3-5	describing the student's personal health needs.
27	Freeze My TV	3.2b	Grades: 3-5	developing a file of health information and projects (original as well as collected) that are representative of the student and his or her abilities and exposures in the health class.
27	Freeze My TV	3.4b	Grades: 3-5	developing a personal exercise program.
27	Freeze My TV	3.7a		explaining the benefits of exercise for stress management.

			Grades: 3-5	
27	Freeze My TV	4.3a	Grades: 3-5	listing ways medical technology has influenced personal health.
27	Freeze My TV	4.3b	Grades: 3-5	demonstrating the use of a mercury thermometer vs. a digital one vs. an ear probe.
27	Freeze My TV	6.3a	Grades: 3-5	describing three characteristics of a person who chooses to maintain an exercise program.
29	Class Walking Clubs	1.1a	Grades: 3-5	creating a list of positive activities which support healthy behaviors of friends and classmates.
29	Class Walking Clubs	3.4b	Grades: 3-5	developing a personal exercise program.
29	Class Walking Clubs	3.7a	Grades: 3-5	explaining the benefits of exercise for stress management.
29	Class Walking Clubs	6.3a	Grades: 3-5	describing three characteristics of a person who chooses to maintain an exercise program.
3	The Safe Workout: An Introduction	3.4b	Grades: 3-5	developing a personal exercise program.
3	The Safe Workout: An Introduction	3.7a	Grades: 3-5	explaining the benefits of exercise for stress management.
3	The Safe Workout: An Introduction	6.3a	Grades: 3-5	describing three characteristics of a person who chooses to maintain an exercise program.
30	Tour de Health	3.4b	Grades: 3-5	developing a personal exercise program.
30	Tour de Health	3.7a	Grades: 3-5	explaining the benefits of exercise for stress management.
30	Tour de Health	6.3a	Grades: 3-5	describing three characteristics of a person who chooses to maintain an exercise program.

5	Fast-Food Frenzy	2.2a	Grades: 3-5	demonstrating the ability to read food labels for specific content information.
5	Fast-Food Frenzy	3.4a	Grades: 3-5	charting fat grams for one week and calculating the average.
6	Snack Attack	2.2a	Grades: 3-5	demonstrating the ability to read food labels for specific content information.
6	Snack Attack	3.4a	Grades: 3-5	charting fat grams for one week and calculating the average.
7	Sugar Water: Think About Your Drink	2.2a	Grades: 3-5	demonstrating the ability to read food labels for specific content information.
8	The Safe Workout: Snacking's Just Fine, If you Choose the Right Kind	3.4b	Grades: 3-5	developing a personal exercise program.
8	The Safe Workout: Snacking's Just Fine, If you Choose the Right Kind	6.3a	Grades: 3-5	describing three characteristics of a person who chooses to maintain an exercise program.
9	Prime-Time Smartness	1.1a	Grades: 3-5	creating a list of positive activities which support healthy behaviors of friends and classmates.
9	Prime-Time Smartness	4.2a	Grades: 3-5	discussing media influences on health.
9	Prime-Time Smartness	4.2b	Grades: 3-5	creating a positive advertisement for something health related.
9	Prime-Time Smartness	4.3a	Grades: 3-5	listing ways medical technology has influenced personal health.
9	Prime-Time Smartness	4.3b	Grades: 3-5	demonstrating the use of a mercury thermometer vs. a digital one vs. an ear probe.
Nebraska > Standards That Are Reported > Science (2003)				
Lesson	Title			State Text

		State ID	Grade Descr	
27	Freeze My TV		Fourth Grade	Use simple equipment and tools (e.g., thermometers and scales) to gather data and extend the senses.
27	Freeze My TV		Fifth Grade	Use math to gather, organize and present data and ask further questions about data interpretation and analysis.
Nebraska > Standards That Are Reported > Social Studies (2003)				
Lesson	Title	State ID	Grade Descr	State Text
Nebraska > Standards That Are Reported > Mathematics (2006)				
Lesson	Title	State ID	Grade Descr	State Text
21	Freeze My TV		Grade 4	Collect, organize, and interpret data in line plots, tables, charts, and graphs (pie graphs, bar graphs, and pictographs).
27	Freeze My TV		Grade 4	Collect, organize, and interpret data in line plots, tables, charts, and graphs (pie graphs, bar graphs, and pictographs).
28	Get 3 At School and 5+ A Day		Grade 4	Collect, organize, and interpret data in line plots, tables, charts, and graphs (pie graphs, bar graphs, and pictographs).
4	Balancing Act		Grade 4	Collect, organize, and interpret data in line plots, tables, charts, and graphs (pie graphs, bar graphs, and pictographs).
Nebraska > Standards That Are Reported > Reading (2006)				

Lesson	Title	State ID	Grade Descr	State Text
24	Breakfast Bonanza		Grade 4	Interpret information from diagrams, charts, and graphs.
27	Freeze My TV		Grade 4	Interpret information from diagrams, charts, and graphs.
3	The Safe Workout: An Introduction		Grade 4	Interpret information from diagrams, charts, and graphs.
4	Balancing Act		Grade 4	Interpret information from diagrams, charts, and graphs.
5	Fast-Food Frenzy		Grade 4	Interpret information from diagrams, charts, and graphs.
6	Snack Attack		Grade 4	Interpret information from diagrams, charts, and graphs.
9	Prime-Time Smartness		Grade 4	Interpret information from diagrams, charts, and graphs.