

Arizona > Alternate Academic Standards > Listening and Speaking (1999)				
Lesson	Title	State ID	Grade Descr	State Text
Arizona > Alternate Academic Standards > Mathematics (2006)				
Lesson	Title	State ID	Grade Descr	State Text
27	Freeze My TV	1	Grade 4	With appropriate labels and titles provided, construct a single-bar graph, line graph, or two-set Venn diagram from organized data.
27	Freeze My TV	2	Grade 4	With appropriate labels, titles, and organized data provided, construct a single-bar graph or line graph.
27	Freeze My TV	1	Grade 4	Answer questions related to the context of the school community using graphs, charts, and tables.
27	Freeze My TV	2	Grade 4	Answer questions related to the context of the classroom using graphs, charts, and tables.
27	Freeze My TV	3	Grade 4	Participate in the collection of data to solve a problem or answer a question using graphs, charts, and tables.
27	Freeze My TV	1	Grade 5	With appropriate labels and titles provided, construct a double-bar graph, line graph, frequency table, or three-set Venn diagram from organized data.
27	Freeze My TV	2	Grade 5	With appropriate labels, titles, and organized data provided, construct a single-bar graph, line graph, or two-set Venn diagram with appropriate labels and title from organized data.
27	Freeze My TV	1	Grade 5	Answer questions related to the context of the school community using graphs, charts, and tables.
27	Freeze My TV	2	Grade 5	

				Answer questions related to the context of the classroom using graphs, charts, and tables.
27	Freeze My TV	3	Grade 5	Participate in the collection of data to solve a problem or answer a question using graphs, charts, and tables.
Arizona > Alternate Academic Standards > Writing (2006)				
Lesson	Title	State ID	Grade Descr	State Text
Arizona > Alternate Academic Standards > Science (2006)				
Lesson	Title	State ID	Grade Descr	State Text
27	Freeze My TV	2	Grade 4	With appropriate labels, titles, and organized data provided, record data on a single-bar graph or line graph.
Arizona > Alternate Academic Standards > Reading (2006)				
Lesson	Title	State ID	Grade Descr	State Text
Arizona > Academic Standards > Technology (2000)				
Lesson	Title	State ID	Grade Descr	State Text

Arizona > Academic Standards > Language Arts (Listening and Speaking) (1996)				
Lesson	Title	State ID	Grade Descr	State Text
Arizona > Academic Standards > Comprehensive Health/P.E. (1997)				
Lesson	Title	State ID	Grade Descr	State Text
1	Healthy Living	PO 1	Essentials (Grades 4-5)	Classify healthy and unhealthy choices that you have learned from family and peers
1	Healthy Living	PO 2	Essentials (Grades 4-5)	Describe how a balanced and nutritious diet is related to weight, appearance and wellness
1	Healthy Living	PO 3	Essentials (Grades 4-5)	List five health priorities and responsibilities based on the above list
1	Healthy Living	PO 2	Essentials (Grades 4-5)	Monitor intensity of exercise (e.g., heart rate, respiration, body temperature)
10	Chain Five	PO 1	Essentials (Grades 4-5)	Describe positive health behaviors which can prevent common injuries, diseases and other conditions
10	Chain Five	PO 1	Essentials (Grades 4-5)	Identify changes adolescents can make in their lifestyle to reduce health risks
10	Chain Five	PO 1	Essentials (Grades 4-5)	Explain how an individual lifestyle and family history can prevent or cause health problems
10	Chain Five	PO 1	Essentials (Grades 4-5)	Identify the basic nutrients and identify their uses in the body
10	Chain Five	PO 2	Essentials (Grades 4-5)	Describe how a balanced and nutritious diet is related to weight, appearance and wellness

10	Chain Five	PO 2	Essentials (Grades 4-5)	Explain ways to reduce risks and increase strengths
10	Chain Five	PO 3	Essentials (Grades 4-5)	List five health priorities and responsibilities based on the above list
11	Alphabet Fruit (and Vegetables)	PO 2	Essentials (Grades 4-5)	Describe the effects on healthy and unhealthy lifestyles on health, growth and development
11	Alphabet Fruit (and Vegetables)	PO 1	Essentials (Grades 4-5)	Classify healthy and unhealthy choices that you have learned from family and peers
11	Alphabet Fruit (and Vegetables)	PO 2	Essentials (Grades 4-5)	Describe how a balanced and nutritious diet is related to weight, appearance and wellness
11	Alphabet Fruit (and Vegetables)	PO 3	Essentials (Grades 4-5)	List five health priorities and responsibilities based on the above list
12	Brilliant Breakfast	PO 1	Essentials (Grades 4-5)	Classify healthy and unhealthy choices that you have learned from family and peers
12	Brilliant Breakfast	PO 2	Essentials (Grades 4-5)	Describe how a balanced and nutritious diet is related to weight, appearance and wellness
12	Brilliant Breakfast	PO 3	Essentials (Grades 4-5)	List five health priorities and responsibilities based on the above list
13	Fitness Walking	PO 1	Essentials (Grades 4-5)	Describe positive health behaviors which can prevent common injuries, diseases and other conditions
13	Fitness Walking	PO 1	Essentials (Grades 4-5)	Contrast healthy and unhealthy lifestyles
13	Fitness Walking	PO 2	Essentials (Grades 4-5)	Describe the effects on healthy and unhealthy lifestyles on health, growth and development
13	Fitness Walking	PO 1	Essentials (Grades 4-5)	Identify changes adolescents can make in their lifestyle to reduce health risks
13	Fitness Walking	PO 1	Essentials (Grades 4-5)	Explain how an individual lifestyle and family history can prevent or cause health problems

13	Fitness Walking	PO 1	Essentials (Grades 4-5)	Illustrate examples of responsible healthy behavior
13	Fitness Walking	PO 1	Essentials (Grades 4-5)	Compare personal and family health risks and strengths
13	Fitness Walking	PO 1	Essentials (Grades 4-5)	Determine the way media messages influence your health
13	Fitness Walking	PO 1	Essentials (Grades 4-5)	Same as concept
13	Fitness Walking	PO 1	Essentials (Grades 4-5)	Identify five (positive or negative) health behaviors
13	Fitness Walking	PO 1	Essentials (Grades 4-5)	List five behaviors that maintain personal health
13	Fitness Walking	PO 1	Essentials (Grades 4-5)	Distinguish three positive strategies to support someone making health choices
13	Fitness Walking	PO 1	Essentials (Grades 4-5)	Give examples of the benefits derived from regular physical activity
13	Fitness Walking	PO 1	Essentials (Grades 4-5)	Give examples of the benefits derived from regular physical activity
13	Fitness Walking	PO 1	Essentials (Grades 4-5)	Participate regularly in a physical activity that develops a healthy lifestyle
14	Healthy Living, Healthy Eating	PO 2	Essentials (Grades 4-5)	Describe the effects on healthy and unhealthy lifestyles on health, growth and development
14	Healthy Living, Healthy Eating	PO 1	Essentials (Grades 4-5)	Classify healthy and unhealthy choices that you have learned from family and peers
14	Healthy Living, Healthy Eating	PO 1	Essentials (Grades 4-5)	Identify the basic nutrients and identify their uses in the body
14	Healthy Living, Healthy Eating	PO 2	Essentials (Grades 4-5)	Describe how a balanced and nutritious diet is related to weight, appearance and wellness

15	Keeping the Balance	PO 1	Essentials (Grades 4-5)	Describe positive health behaviors which can prevent common injuries, diseases and other conditions
15	Keeping the Balance	PO 1	Essentials (Grades 4-5)	Identify the basic nutrients and identify their uses in the body
15	Keeping the Balance	PO 1	Essentials (Grades 4-5)	Identify five (positive or negative) health behaviors
15	Keeping the Balance	PO 1	Essentials (Grades 4-5)	Give examples of the benefits derived from regular physical activity
15	Keeping the Balance	PO 1	Essentials (Grades 4-5)	Give examples of the benefits derived from regular physical activity
16	The Safe Workout: A Review	PO 2	Essentials (Grades 4-5)	Describe how a balanced and nutritious diet is related to weight, appearance and wellness
16	The Safe Workout: A Review	PO 1	Essentials (Grades 4-5)	Identify five (positive or negative) health behaviors
16	The Safe Workout: A Review	PO 3	Essentials (Grades 4-5)	List five health priorities and responsibilities based on the above list
16	The Safe Workout: A Review	PO 1	Essentials (Grades 4-5)	Give examples of the benefits derived from regular physical activity
16	The Safe Workout: A Review	PO 1	Essentials (Grades 4-5)	Give examples of the benefits derived from regular physical activity
16	The Safe Workout: A Review	PO 2	Essentials (Grades 4-5)	Monitor intensity of exercise (e.g., heart rate, respiration, body temperature)
17	Hunting for Hidden Fat	PO 2	Essentials (Grades 4-5)	Describe the effects on healthy and unhealthy lifestyles on health, growth and development
17	Hunting for Hidden Fat	PO 2	Essentials (Grades 4-5)	Describe how a balanced and nutritious diet is related to weight, appearance and wellness
17	Hunting for Hidden Fat	PO 3	Essentials (Grades 4-5)	List five health priorities and responsibilities based on the above list

18	Beverage Buzz: Sack the Sugar	PO 2	Essentials (Grades 4-5)	Describe the effects on healthy and unhealthy lifestyles on health, growth and development
18	Beverage Buzz: Sack the Sugar	PO 2	Essentials (Grades 4-5)	Describe how a balanced and nutritious diet is related to weight, appearance and wellness
18	Beverage Buzz: Sack the Sugar	PO 3	Essentials (Grades 4-5)	List five health priorities and responsibilities based on the above list
18	Beverage Buzz: Sack the Sugar	PO 4	Essentials (Grades 4-5)	Demonstrate how to balance food intake with physical activity
19	Snack Decisions	PO 2	Essentials (Grades 4-5)	Describe the effects on healthy and unhealthy lifestyles on health, growth and development
19	Snack Decisions	PO 1	Essentials (Grades 4-5)	Classify healthy and unhealthy choices that you have learned from family and peers
19	Snack Decisions	PO 1	Essentials (Grades 4-5)	Identify the basic nutrients and identify their uses in the body
19	Snack Decisions	PO 2	Essentials (Grades 4-5)	Describe how a balanced and nutritious diet is related to weight, appearance and wellness
19	Snack Decisions	PO 1	Essentials (Grades 4-5)	Explain how media influences the selection of health information and products
19	Snack Decisions	PO 1	Essentials (Grades 4-5)	Determine the way media messages influence your health
19	Snack Decisions	PO 3	Essentials (Grades 4-5)	List five health priorities and responsibilities based on the above list
19	Snack Decisions	PO 1	Essentials (Grades 4-5)	Compare three different types of health information found in the media
19	Snack Decisions	PO 2	Essentials (Grades 4-5)	Identify which visual techniques used above (in PO 1) about health information is the
2	Carb Smart	PO 1	Essentials (Grades 4-5)	Identify the basic nutrients and identify their uses in the body

2	Carb Smart	PO 2	Essentials (Grades 4-5)	Describe how a balanced and nutritious diet is related to weight, appearance and wellness
2	Carb Smart	PO 3	Essentials (Grades 4-5)	List five health priorities and responsibilities based on the above list
20	Snacking and Inactivity	PO 2	Essentials (Grades 4-5)	Describe the effects on healthy and unhealthy lifestyles on health, growth and development
20	Snacking and Inactivity	PO 1	Essentials (Grades 4-5)	Classify healthy and unhealthy choices that you have learned from family and peers
20	Snacking and Inactivity	PO 1	Essentials (Grades 4-5)	Identify the basic nutrients and identify their uses in the body
20	Snacking and Inactivity	PO 2	Essentials (Grades 4-5)	Describe how a balanced and nutritious diet is related to weight, appearance and wellness
20	Snacking and Inactivity	PO 3	Essentials (Grades 4-5)	List five health priorities and responsibilities based on the above list
20	Snacking and Inactivity	PO 1	Essentials (Grades 4-5)	Give examples of the benefits derived from regular physical activity
20	Snacking and Inactivity	PO 1	Essentials (Grades 4-5)	Give examples of the benefits derived from regular physical activity
21	Freeze My TV	PO 1	Essentials (Grades 4-5)	Describe positive health behaviors which can prevent common injuries, diseases and other conditions
21	Freeze My TV	PO 1	Essentials (Grades 4-5)	Contrast healthy and unhealthy lifestyles
21	Freeze My TV	PO 2	Essentials (Grades 4-5)	Describe the effects on healthy and unhealthy lifestyles on health, growth and development
21	Freeze My TV	PO 1	Essentials (Grades 4-5)	Identify changes adolescents can make in their lifestyle to reduce health risks
21	Freeze My TV	PO 1	Essentials (Grades 4-5)	Explain how an individual lifestyle and family history can prevent or cause health problems

21	Freeze My TV	PO 2	Essentials (Grades 4-5)	Describe how a balanced and nutritious diet is related to weight, appearance and wellness
21	Freeze My TV	PO 1	Essentials (Grades 4-5)	Illustrate examples of responsible healthy behavior
21	Freeze My TV	PO 1	Essentials (Grades 4-5)	Compare personal and family health risks and strengths
21	Freeze My TV	PO 1	Essentials (Grades 4-5)	Determine the way media messages influence your health
21	Freeze My TV	PO 1	Essentials (Grades 4-5)	Specify five ways that technology affects your health
21	Freeze My TV	PO 1	Essentials (Grades 4-5)	Same as concept
21	Freeze My TV	PO 1	Essentials (Grades 4-5)	Identify five (positive or negative) health behaviors
21	Freeze My TV	PO 1	Essentials (Grades 4-5)	List five behaviors that maintain personal health
21	Freeze My TV	PO 1	Essentials (Grades 4-5)	Distinguish three positive strategies to support someone making health choices
21	Freeze My TV	PO 1	Essentials (Grades 4-5)	Give examples of the benefits derived from regular physical activity
21	Freeze My TV	PO 1	Essentials (Grades 4-5)	Give examples of the benefits derived from regular physical activity
21	Freeze My TV	PO 4	Essentials (Grades 4-5)	Demonstrate how to balance food intake with physical activity
22	Menu Monitoring	PO 2	Essentials (Grades 4-5)	Describe the effects on healthy and unhealthy lifestyles on health, growth and development
22	Menu Monitoring	PO 1	Essentials (Grades 4-5)	Classify healthy and unhealthy choices that you have learned from family and peers

22	Menu Monitoring	PO 1	Essentials (Grades 4-5)	Identify the basic nutrients and identify their uses in the body
22	Menu Monitoring	PO 2	Essentials (Grades 4-5)	Describe how a balanced and nutritious diet is related to weight, appearance and wellness
22	Menu Monitoring	PO 3	Essentials (Grades 4-5)	List five health priorities and responsibilities based on the above list
23	Veggiemania	PO 1	Essentials (Grades 4-5)	Describe positive health behaviors which can prevent common injuries, diseases and other conditions
23	Veggiemania	PO 1	Essentials (Grades 4-5)	Identify the basic nutrients and identify their uses in the body
23	Veggiemania	PO 2	Essentials (Grades 4-5)	Describe how a balanced and nutritious diet is related to weight, appearance and wellness
23	Veggiemania	PO 1	Essentials (Grades 4-5)	Illustrate examples of responsible healthy behavior
23	Veggiemania	PO 1	Essentials (Grades 4-5)	Same as concept
23	Veggiemania	PO 1	Essentials (Grades 4-5)	Identify five (positive or negative) health behaviors
23	Veggiemania	PO 1	Essentials (Grades 4-5)	List five behaviors that maintain personal health
23	Veggiemania	PO 3	Essentials (Grades 4-5)	List five health priorities and responsibilities based on the above list
23	Veggiemania	PO 1	Essentials (Grades 4-5)	Distinguish three positive strategies to support someone making health choices
24	Breakfast Bonanza	PO 2	Essentials (Grades 4-5)	Describe how a balanced and nutritious diet is related to weight, appearance and wellness
24	Breakfast Bonanza	PO 3	Essentials (Grades 4-5)	List five health priorities and responsibilities based on the above list

25	Foods From Around the World; Italy, China, Mexico, and Ethiopia	PO 2	Essentials (Grades 4-5)	Describe the effects on healthy and unhealthy lifestyles on health, growth and development
25	Foods From Around the World; Italy, China, Mexico, and Ethiopia	PO 1	Essentials (Grades 4-5)	Identify the basic nutrients and identify their uses in the body
25	Foods From Around the World; Italy, China, Mexico, and Ethiopia	PO 1	Essentials (Grades 4-5)	Compare how different cultures regard health
25	Foods From Around the World; Italy, China, Mexico, and Ethiopia	PO 2	Essentials (Grades 4-5)	Distinguish the ways health services are used by different cultures
25	Foods From Around the World; Italy, China, Mexico, and Ethiopia	PO 3	Essentials (Grades 4-5)	List five health priorities and responsibilities based on the above list
26	Fitness Walking	PO 1	Essentials (Grades 4-5)	Describe positive health behaviors which can prevent common injuries, diseases and other conditions
26	Fitness Walking	PO 1	Essentials (Grades 4-5)	Contrast healthy and unhealthy lifestyles
26	Fitness Walking	PO 2	Essentials (Grades 4-5)	Describe the effects on healthy and unhealthy lifestyles on health, growth and development
26	Fitness Walking	PO 1	Essentials (Grades 4-5)	Identify changes adolescents can make in their lifestyle to reduce health risks
26	Fitness Walking	PO 1	Essentials (Grades 4-5)	Explain how an individual lifestyle and family history can prevent or cause health problems
26	Fitness Walking	PO 1	Essentials (Grades 4-5)	Illustrate examples of responsible healthy behavior
26	Fitness Walking	PO 1	Essentials (Grades 4-5)	Compare personal and family health risks and strengths

26	Fitness Walking	PO 1	Essentials (Grades 4-5)	Determine the way media messages influence your health
26	Fitness Walking	PO 1	Essentials (Grades 4-5)	Same as concept
26	Fitness Walking	PO 1	Essentials (Grades 4-5)	Identify five (positive or negative) health behaviors
26	Fitness Walking	PO 1	Essentials (Grades 4-5)	List five behaviors that maintain personal health
26	Fitness Walking	PO 1	Essentials (Grades 4-5)	Distinguish three positive strategies to support someone making health choices
26	Fitness Walking	PO 1	Essentials (Grades 4-5)	Give examples of the benefits derived from regular physical activity
26	Fitness Walking	PO 1	Essentials (Grades 4-5)	Give examples of the benefits derived from regular physical activity
26	Fitness Walking	PO 2	Essentials (Grades 4-5)	Apply the concepts that impact the quality of physical fitness
26	Fitness Walking	PO 1	Essentials (Grades 4-5)	Work independently and on task for partner, small or large group activities
27	Freeze My TV	PO 1	Essentials (Grades 4-5)	Describe positive health behaviors which can prevent common injuries, diseases and other conditions
27	Freeze My TV	PO 1	Essentials (Grades 4-5)	Contrast healthy and unhealthy lifestyles
27	Freeze My TV	PO 2	Essentials (Grades 4-5)	Describe the effects on healthy and unhealthy lifestyles on health, growth and development
27	Freeze My TV	PO 1	Essentials (Grades 4-5)	Identify changes adolescents can make in their lifestyle to reduce health risks
27	Freeze My TV	PO 1	Essentials (Grades 4-5)	Explain how an individual lifestyle and family history can prevent or cause health problems

27	Freeze My TV	PO 1	Essentials (Grades 4-5)	Illustrate examples of responsible healthy behavior
27	Freeze My TV	PO 1	Essentials (Grades 4-5)	Compare personal and family health risks and strengths
27	Freeze My TV	PO 1	Essentials (Grades 4-5)	Determine the way media messages influence your health
27	Freeze My TV	PO 1	Essentials (Grades 4-5)	Specify five ways that technology affects your health
27	Freeze My TV	PO 1	Essentials (Grades 4-5)	Same as concept
27	Freeze My TV	PO 1	Essentials (Grades 4-5)	Identify five (positive or negative) health behaviors
27	Freeze My TV	PO 1	Essentials (Grades 4-5)	List five behaviors that maintain personal health
27	Freeze My TV	PO 1	Essentials (Grades 4-5)	Distinguish three positive strategies to support someone making health choices
27	Freeze My TV	PO 1	Essentials (Grades 4-5)	Give examples of the benefits derived from regular physical activity
27	Freeze My TV	PO 1	Essentials (Grades 4-5)	Give examples of the benefits derived from regular physical activity
27	Freeze My TV	PO 4	Essentials (Grades 4-5)	Demonstrate how to balance food intake with physical activity
28	Get 3 At School and 5+ A Day	PO 3	Essentials (Grades 4-5)	List five health priorities and responsibilities based on the above list
29	Class Walking Clubs	PO 1	Essentials (Grades 4-5)	Describe positive health behaviors which can prevent common injuries, diseases and other conditions
29	Class Walking Clubs	PO 1	Essentials (Grades 4-5)	Contrast healthy and unhealthy lifestyles

29	Class Walking Clubs	PO 2	Essentials (Grades 4-5)	Describe the effects on healthy and unhealthy lifestyles on health, growth and development
29	Class Walking Clubs	PO 1	Essentials (Grades 4-5)	Identify changes adolescents can make in their lifestyle to reduce health risks
29	Class Walking Clubs	PO 1	Essentials (Grades 4-5)	Explain how an individual lifestyle and family history can prevent or cause health problems
29	Class Walking Clubs	PO 1	Essentials (Grades 4-5)	Illustrate examples of responsible healthy behavior
29	Class Walking Clubs	PO 1	Essentials (Grades 4-5)	Compare personal and family health risks and strengths
29	Class Walking Clubs	PO 1	Essentials (Grades 4-5)	Determine the way media messages influence your health
29	Class Walking Clubs	PO 1	Essentials (Grades 4-5)	Same as concept
29	Class Walking Clubs	PO 1	Essentials (Grades 4-5)	Identify five (positive or negative) health behaviors
29	Class Walking Clubs	PO 1	Essentials (Grades 4-5)	List five behaviors that maintain personal health
29	Class Walking Clubs	PO 1	Essentials (Grades 4-5)	Distinguish three positive strategies to support someone making health choices
29	Class Walking Clubs	PO 1	Essentials (Grades 4-5)	Give examples of the benefits derived from regular physical activity
29	Class Walking Clubs	PO 1	Essentials (Grades 4-5)	Give examples of the benefits derived from regular physical activity
29	Class Walking Clubs	PO 2	Essentials (Grades 4-5)	Apply the concepts that impact the quality of physical fitness
29	Class Walking Clubs	PO 1	Essentials (Grades 4-5)	Work independently and on task for partner, small or large group activities

3	The Safe Workout: An Introduction	PO 1	Essentials (Grades 4-5)	Describe positive health behaviors which can prevent common injuries, diseases and other conditions
3	The Safe Workout: An Introduction	PO 2	Essentials (Grades 4-5)	Describe how a balanced and nutritious diet is related to weight, appearance and wellness
3	The Safe Workout: An Introduction	PO 1	Essentials (Grades 4-5)	Compare how different cultures regard health
3	The Safe Workout: An Introduction	PO 1	Essentials (Grades 4-5)	Identify five (positive or negative) health behaviors
3	The Safe Workout: An Introduction	PO 1	Essentials (Grades 4-5)	List five behaviors that maintain personal health
3	The Safe Workout: An Introduction	PO 3	Essentials (Grades 4-5)	List five health priorities and responsibilities based on the above list
3	The Safe Workout: An Introduction	PO 1	Essentials (Grades 4-5)	Give examples of the benefits derived from regular physical activity
3	The Safe Workout: An Introduction	PO 1	Essentials (Grades 4-5)	Give examples of the benefits derived from regular physical activity
3	The Safe Workout: An Introduction	PO 2	Essentials (Grades 4-5)	Monitor intensity of exercise (e.g., heart rate, respiration, body temperature)
30	Tour de Health	PO 2	Essentials (Grades 4-5)	Describe the effects on healthy and unhealthy lifestyles on health, growth and development
30	Tour de Health	PO 1	Essentials (Grades 4-5)	Identify the basic nutrients and identify their uses in the body
30	Tour de Health	PO 2	Essentials (Grades 4-5)	Describe how a balanced and nutritious diet is related to weight, appearance and wellness
30	Tour de Health	PO 3	Essentials (Grades 4-5)	List five health priorities and responsibilities based on the above list
30	Tour de Health	PO 1	Essentials (Grades 4-5)	Give examples of the benefits derived from regular physical activity

30	Tour de Health	PO 1	Essentials (Grades 4-5)	Give examples of the benefits derived from regular physical activity
4	Balancing Act	PO 1	Essentials (Grades 4-5)	Identify the basic nutrients and identify their uses in the body
4	Balancing Act	PO 2	Essentials (Grades 4-5)	Describe how a balanced and nutritious diet is related to weight, appearance and wellness
4	Balancing Act	PO 3	Essentials (Grades 4-5)	List five health priorities and responsibilities based on the above list
5	Fast-Food Frenzy	PO 1	Essentials (Grades 4-5)	Identify the basic nutrients and identify their uses in the body
5	Fast-Food Frenzy	PO 2	Essentials (Grades 4-5)	Describe how a balanced and nutritious diet is related to weight, appearance and wellness
5	Fast-Food Frenzy	PO 3	Essentials (Grades 4-5)	List five health priorities and responsibilities based on the above list
6	Snack Attack	PO 2	Essentials (Grades 4-5)	Describe the effects on healthy and unhealthy lifestyles on health, growth and development
6	Snack Attack	PO 1	Essentials (Grades 4-5)	Classify healthy and unhealthy choices that you have learned from family and peers
6	Snack Attack	PO 1	Essentials (Grades 4-5)	Identify the basic nutrients and identify their uses in the body
6	Snack Attack	PO 2	Essentials (Grades 4-5)	Describe how a balanced and nutritious diet is related to weight, appearance and wellness
6	Snack Attack	PO 3	Essentials (Grades 4-5)	List five health priorities and responsibilities based on the above list
6	Snack Attack	PO 4	Essentials (Grades 4-5)	Demonstrate how to balance food intake with physical activity
7	Sugar Water: Think About Your Drink	PO 2	Essentials (Grades 4-5)	Describe the effects on healthy and unhealthy lifestyles on health, growth and development

7	Sugar Water: Think About Your Drink	PO 1	Essentials (Grades 4-5)	Classify healthy and unhealthy choices that you have learned from family and peers
7	Sugar Water: Think About Your Drink	PO 1	Essentials (Grades 4-5)	Identify the basic nutrients and identify their uses in the body
7	Sugar Water: Think About Your Drink	PO 2	Essentials (Grades 4-5)	Describe how a balanced and nutritious diet is related to weight, appearance and wellness
7	Sugar Water: Think About Your Drink	PO 3	Essentials (Grades 4-5)	List five health priorities and responsibilities based on the above list
7	Sugar Water: Think About Your Drink	PO 4	Essentials (Grades 4-5)	Demonstrate how to balance food intake with physical activity
8	The Safe Workout: Snacking's Just Fine, If you Choose the Right Kind	PO 1	Essentials (Grades 4-5)	Classify healthy and unhealthy choices that you have learned from family and peers
8	The Safe Workout: Snacking's Just Fine, If you Choose the Right Kind	PO 1	Essentials (Grades 4-5)	Identify the basic nutrients and identify their uses in the body
8	The Safe Workout: Snacking's Just Fine, If you Choose the Right Kind	PO 2	Essentials (Grades 4-5)	Describe how a balanced and nutritious diet is related to weight, appearance and wellness
8	The Safe Workout: Snacking's Just Fine, If you Choose the Right Kind	PO 3	Essentials (Grades 4-5)	List five health priorities and responsibilities based on the above list
8	The Safe Workout: Snacking's Just Fine, If you Choose the Right Kind	PO 1	Essentials (Grades 4-5)	Give examples of the benefits derived from regular physical activity
8	The Safe Workout: Snacking's Just Fine, If you Choose the Right Kind	PO 1	Essentials (Grades 4-5)	Give examples of the benefits derived from regular physical activity
9	Prime-Time Smartness	PO 1		

			Essentials (Grades 4-5)	Describe positive health behaviors which can prevent common injuries, diseases and other conditions
9	Prime-Time Smartness	PO 2	Essentials (Grades 4-5)	Describe the effects on healthy and unhealthy lifestyles on health, growth and development
9	Prime-Time Smartness	PO 1	Essentials (Grades 4-5)	Explain how media influences the selection of health information and products
9	Prime-Time Smartness	PO 1	Essentials (Grades 4-5)	Illustrate examples of responsible healthy behavior
9	Prime-Time Smartness	PO 1	Essentials (Grades 4-5)	Determine the way media messages influence your health
9	Prime-Time Smartness	PO 1	Essentials (Grades 4-5)	Specify five ways that technology affects your health
9	Prime-Time Smartness	PO 1	Essentials (Grades 4-5)	Identify five (positive or negative) health behaviors
9	Prime-Time Smartness	PO 1	Essentials (Grades 4-5)	Compare three different types of health information found in the media
9	Prime-Time Smartness	PO 2	Essentials (Grades 4-5)	Identify which visual techniques used above (in PO 1) about health information is the
9	Prime-Time Smartness	PO 1	Essentials (Grades 4-5)	Distinguish three positive strategies to support someone making health choices
9	Prime-Time Smartness	PO 2	Essentials (Grades 4-5)	Construct a cooperative group where everyone has a role toward promoting health
Arizona > Grade Level Articulations > Mathematics (2003)				
Lesson	Title	State ID	Grade Descr	State Text
12	Brilliant Breakfast	PO 3	Grade 4	

				Interpret graphical representations and data displays including single-bar graphs, circle graphs, two-set Venn diagrams, and line graphs that display continuous data.
12	Brilliant Breakfast	PO 4	Grade 4	Answer questions based on graphical representations and data displays including single-bar graphs, circle graphs, two-set Venn diagrams, and line graphs that display continuous data.
12	Brilliant Breakfast	PO 3	Grade 5	Interpret graphical representations and data displays including bar graphs (including double-bar), circle graphs, frequency tables, three-set Venn diagrams, and line graphs that display continuous data.
17	Hunting for Hidden Fat	PO 2	Grade 4	Construct a single-bar graph, line graph or two set Venn diagram with appropriate labels and title from organized data.
17	Hunting for Hidden Fat	PO 2	Grade 5	Construct a double-bar graph, line plot, frequency table or three-set Venn diagram with appropriate labels and title from organized data.
17	Hunting for Hidden Fat	PO 4	Grade 5	Answer questions based on graphical representations, and data displays including bar graphs (including double-bar), circle graphs, frequency tables, three-set Venn diagrams, and line graphs that display continuous data.
21	Freeze My TV	PO 2	Grade 4	Construct a single-bar graph, line graph or two set Venn diagram with appropriate labels and title from organized data.
21	Freeze My TV	PO 7	Grade 4	Solve contextual problems using graphs, charts, and tables.
21	Freeze My TV	PO 2	Grade 5	Construct a double-bar graph, line plot, frequency table or three-set Venn diagram with appropriate labels and title from organized data.
21	Freeze My TV	PO 4	Grade 5	Answer questions based on graphical representations, and data displays including bar graphs (including double-bar), circle graphs, frequency tables, three-set Venn diagrams, and line graphs that display continuous data.
21	Freeze My TV	PO 8	Grade 5	Solve contextual problems using graphs, charts, and tables.
24	Breakfast Bonanza	PO 2	Grade 4	Construct a single-bar graph, line graph or two set Venn diagram with appropriate labels and title from organized data.
24	Breakfast Bonanza	PO 4	Grade 5	Answer questions based on graphical representations, and data displays including bar graphs (including double-bar), circle graphs, frequency tables, three-set Venn diagrams, and line graphs that display continuous data.

27	Freeze My TV	PO 2	Grade 4	Construct a single-bar graph, line graph or two set Venn diagram with appropriate labels and title from organized data.
27	Freeze My TV	PO 3	Grade 4	Interpret graphical representations and data displays including single-bar graphs, circle graphs, two-set Venn diagrams, and line graphs that display continuous data.
27	Freeze My TV	PO 4	Grade 4	Answer questions based on graphical representations and data displays including single-bar graphs, circle graphs, two-set Venn diagrams, and line graphs that display continuous data.
27	Freeze My TV	PO 7	Grade 4	Solve contextual problems using graphs, charts, and tables.
27	Freeze My TV	PO 4	Grade 4	Record the data from performing a grade level appropriate probability experiment.
27	Freeze My TV	PO 5	Grade 4	Compare the outcome of an experiment to predictions made prior to performing the experiment.
27	Freeze My TV	PO 7	Grade 4	Compare the results of two repetitions of the same grade level appropriate probability experiment.
27	Freeze My TV	PO 2	Grade 5	Construct a double-bar graph, line plot, frequency table or three-set Venn diagram with appropriate labels and title from organized data.
27	Freeze My TV	PO 3	Grade 5	Interpret graphical representations and data displays including bar graphs (including double-bar), circle graphs, frequency tables, three-set Venn diagrams, and line graphs that display continuous data.
27	Freeze My TV	PO 4	Grade 5	Answer questions based on graphical representations, and data displays including bar graphs (including double-bar), circle graphs, frequency tables, three-set Venn diagrams, and line graphs that display continuous data.
27	Freeze My TV	PO 7	Grade 5	Compare two sets of data related to the same investigation.
27	Freeze My TV	PO 8	Grade 5	Solve contextual problems using graphs, charts, and tables.
27	Freeze My TV	PO 4	Grade 5	Record the data from performing a grade level appropriate probability experiment.
27	Freeze My TV	PO 5	Grade 5	Compare the outcome of an experiment to predictions made prior to performing the experiment.
27	Freeze My TV	PO 7	Grade 5	Compare the results of two repetitions of the same grade level appropriate probability experiment.

28	Get 3 At School and 5+ A Day	PO 3	Grade 4	Interpret graphical representations and data displays including single-bar graphs, circle graphs, two-set Venn diagrams, and line graphs that display continuous data.
28	Get 3 At School and 5+ A Day	PO 4	Grade 4	Answer questions based on graphical representations and data displays including single-bar graphs, circle graphs, two-set Venn diagrams, and line graphs that display continuous data.
4	Balancing Act	PO 7	Grade 4	Solve contextual problems using graphs, charts, and tables.
4	Balancing Act	PO 2	Grade 4	Identify simple valid arguments using if then statements based on graphic organizers (e.g., 2-set Venn diagrams and pictures).
4	Balancing Act	PO 4	Grade 5	Answer questions based on graphical representations, and data displays including bar graphs (including double-bar), circle graphs, frequency tables, three-set Venn diagrams, and line graphs that display continuous data.
4	Balancing Act	PO 8	Grade 5	Solve contextual problems using graphs, charts, and tables.
4	Balancing Act	PO 2	Grade 5	Identify simple valid arguments using if then statements based on graphic organizers (e.g., 3-set Venn diagrams and pictures).
5	Fast-Food Frenzy	PO 17	Grade 4	Determine the equivalency among decimals, fractions, and percents. (e.g., $49/100 = 0.49 = 49\%$)
5	Fast-Food Frenzy	PO 7	Grade 4	Solve contextual problems using graphs, charts, and tables.
5	Fast-Food Frenzy	PO 8	Grade 5	Determine the equivalency between and among fractions, decimals, and percents in contextual situations.
5	Fast-Food Frenzy	PO 8	Grade 5	Solve contextual problems using graphs, charts, and tables.
6	Snack Attack	PO 7	Grade 4	Solve contextual problems using graphs, charts, and tables.
6	Snack Attack	PO 8	Grade 5	Solve contextual problems using graphs, charts, and tables.
Arizona > Grade Level Articulations > Reading (2003)				
Lesson	Title	State ID	Grade Descr	State Text

1	Healthy Living	PO 6	Grade Four	Interpret information from graphic features (e.g., charts, maps, diagrams, illustrations, tables, timelines) in expository text.
1	Healthy Living	PO 6	Grade Five	Interpret information from graphic features (e.g., charts, maps, diagrams, illustrations, tables, timelines) in expository text. (Connected to Research Strand in Writing)
10	Chain Five	PO 1	Grade Four	Locate specific information from functional text (e.g., letters, memos, directories, menus, schedules, pamphlets, search engines, signs, manuals, instructions, recipes, labels, forms).
10	Chain Five	PO 1	Grade Five	Locate specific information from functional text (e.g., letters, memos, directories, menus, schedules, pamphlets, search engines, signs, manuals, instructions, recipes, labels, forms).
17	Hunting for Hidden Fat	PO 1	Grade Four	Locate specific information from functional text (e.g., letters, memos, directories, menus, schedules, pamphlets, search engines, signs, manuals, instructions, recipes, labels, forms).
17	Hunting for Hidden Fat	PO 1	Grade Five	Locate specific information from functional text (e.g., letters, memos, directories, menus, schedules, pamphlets, search engines, signs, manuals, instructions, recipes, labels, forms).
18	Beverage Buzz: Sack the Sugar	PO 1	Grade Four	Locate specific information from functional text (e.g., letters, memos, directories, menus, schedules, pamphlets, search engines, signs, manuals, instructions, recipes, labels, forms).
18	Beverage Buzz: Sack the Sugar	PO 1	Grade Five	Locate specific information from functional text (e.g., letters, memos, directories, menus, schedules, pamphlets, search engines, signs, manuals, instructions, recipes, labels, forms).
19	Snack Decisions	PO 2	Grade Four	Use context to determine the relevant meaning of a word.
19	Snack Decisions	PO 1	Grade Four	Identify the main idea and supporting details in expository text.
19	Snack Decisions	PO 1	Grade Four	Locate specific information from functional text (e.g., letters, memos, directories, menus, schedules, pamphlets, search engines, signs, manuals, instructions, recipes, labels, forms).
19	Snack Decisions	PO 1	Grade Five	Identify the main idea and supporting details in expository text.

19	Snack Decisions	PO 1	Grade Five	Locate specific information from functional text (e.g., letters, memos, directories, menus, schedules, pamphlets, search engines, signs, manuals, instructions, recipes, labels, forms).
24	Breakfast Bonanza	PO 2	Grade Four	Use context to determine the relevant meaning of a word.
24	Breakfast Bonanza	PO 1	Grade Four	Identify the main idea and supporting details in expository text.
24	Breakfast Bonanza	PO 1	Grade Five	Identify the main idea and supporting details in expository text.
27	Freeze My TV	PO 6	Grade Four	Interpret information from graphic features (e.g., charts, maps, diagrams, illustrations, tables, timelines) in expository text.
27	Freeze My TV	PO 6	Grade Five	Interpret information from graphic features (e.g., charts, maps, diagrams, illustrations, tables, timelines) in expository text. (Connected to Research Strand in Writing)
3	The Safe Workout: An Introduction	PO 6	Grade Four	Interpret information from graphic features (e.g., charts, maps, diagrams, illustrations, tables, timelines) in expository text.
3	The Safe Workout: An Introduction	PO 6	Grade Five	Interpret information from graphic features (e.g., charts, maps, diagrams, illustrations, tables, timelines) in expository text. (Connected to Research Strand in Writing)
4	Balancing Act	PO 6	Grade Four	Interpret information from graphic features (e.g., charts, maps, diagrams, illustrations, tables, timelines) in expository text.
4	Balancing Act	PO 6	Grade Five	Interpret information from graphic features (e.g., charts, maps, diagrams, illustrations, tables, timelines) in expository text. (Connected to Research Strand in Writing)
5	Fast-Food Frenzy	PO 6	Grade Four	Interpret information from graphic features (e.g., charts, maps, diagrams, illustrations, tables, timelines) in expository text.
5	Fast-Food Frenzy	PO 6	Grade Five	Interpret information from graphic features (e.g., charts, maps, diagrams, illustrations, tables, timelines) in expository text. (Connected to Research Strand in Writing)
6	Snack Attack	PO 1	Grade Four	Locate specific information from functional text (e.g., letters, memos, directories, menus, schedules, pamphlets, search engines, signs, manuals, instructions, recipes, labels, forms).

6	Snack Attack	PO 1	Grade Five	Locate specific information from functional text (e.g., letters, memos, directories, menus, schedules, pamphlets, search engines, signs, manuals, instructions, recipes, labels, forms).
7	Sugar Water: Think About Your Drink	PO 1	Grade Four	Locate specific information from functional text (e.g., letters, memos, directories, menus, schedules, pamphlets, search engines, signs, manuals, instructions, recipes, labels, forms).
7	Sugar Water: Think About Your Drink	PO 2	Grade Four	Interpret details from functional text for a specific purpose (e.g., to follow directions, to solve problems, to perform procedures, to answer questions).
7	Sugar Water: Think About Your Drink	PO 1	Grade Five	Locate specific information from functional text (e.g., letters, memos, directories, menus, schedules, pamphlets, search engines, signs, manuals, instructions, recipes, labels, forms).
7	Sugar Water: Think About Your Drink	PO 2	Grade Five	Interpret details functional text for a specific purpose (e.g., to follow directions, to solve problems, to perform procedures, to answer questions).
9	Prime-Time Smartness	PO 2	Grade Four	Use context to determine the relevant meaning of a word.
Arizona > Grade Level Articulations > Science (2004)				
Lesson	Title	State ID	Grade Descr	State Text
21	Freeze My TV		Grade 4	bar graph
21	Freeze My TV		Grade 5	bar graph
27	Freeze My TV	PO 3	Grade 4	Determine that data collected is consistent with the formulated question.
27	Freeze My TV		Grade 4	bar graph
27	Freeze My TV		Grade 4	line graph
27	Freeze My TV		Grade 5	bar graph
27	Freeze My TV		Grade 5	line graph

Arizona > Grade Level Articulations > Writing (2004)				
Lesson	Title	State ID	Grade Descr	State Text
19	Snack Decisions	d	Grade 4	messages
19	Snack Decisions	e	Grade 4	invitations
19	Snack Decisions	d	Grade 5	messages
19	Snack Decisions	e	Grade 5	invitations
9	Prime-Time Smartness	a	Grade 4	main idea
9	Prime-Time Smartness	a	Grade 4	evidence from the text
9	Prime-Time Smartness	a	Grade 5	main idea
9	Prime-Time Smartness	a	Grade 5	evidence from the text
Arizona > Grade Level Articulations > Social Studies (2005)				
Lesson	Title	State ID	Grade Descr	State Text